

Long-time addict

Posted by tintiano - 17 Jul 2017 06:39

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Hello! I am a 26 year-old male. I have been trying nofap for over 9 months and been failing repeatedly. My longest streak has been 17 days. I use k9 filter, but it doesn't block inappropriate Google results well enough. I keep relapsing all the time. I'm glad to have found this site!

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Re: Long-time addict

Posted by dms1234 - 20 Jul 2017 20:01

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I couldnt control my lust, maybe you can, it is much too powerful for me. I am allergic to it. Perhaps you are different.

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Re: Long-time addict

Posted by gibbor120 - 24 Jul 2017 18:51

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Welcome! You definitely have a hard road if you "need" you tube etc. It's very hard to recover when the entire recovery seems to hinge on blocking or reporting software. That should be part of recovery, but when it is the main focus, I haven't seen it work that well.

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