

I'm finally here

Posted by yidguy38 - 11 Jun 2017 07:13

Hello,

I wanted to introduce myself to the forum.

I definitely am an addict. I'm 38yo now, but have been addicted to porn and masturbation since I was about 11 or 12 yo. It was mostly porn up until my early 20s, then I discovered strip clubs and prostitution. I then got married and have 3 beautiful kids (Baruch HaShem). But I never faced the addiction. I got to a point this year where I realized I need to quit for good. Porn and Masturbation is a terrible aveyrach and a terrible addiction. I know this. I've been clean for only a couple of days now. I feel stronger suddenly, probably because I broke out last week on Sunday night and visited a prostitute. But I'm nervous I'll slip up again.

I still want to keep anonymous about it, but definitely need to reach out to others (GYE community) when I'm struggling.

Anyways, I wanted to just say 'hi' to the community. Thank G-d GYE is here.

regards,

yidguy38

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Re: I'm finally here

Posted by cordnoy - 13 Jun 2017 19:26

[cordnoy wrote on 12 Jun 2017 11:42:](#)

Survey says..... Addict!! (crowd clappin', cheerin' and hootin' in the background; buzzer soundin', families huggin' each other; board spot turnin').

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Re: I'm finally here

Posted by Shlomo24 - 13 Jun 2017 21:19

[mikestruggling wrote on 13 Jun 2017 19:04:](#)

welcome!!

you are probably an addict as everyone guessed. many of us are check out the twenty tools. i had the most benefit from face to face meetings and now making a few phone calls a day and listening to my sponsor (that's an SA thing)

it also helped me tons that i have a mentor from here who i can (and do) call often.

best of luck

I usually don't reply to these things, but I can't watch this on the sidelines. My experience has shown that labelling oneself an addict is an incredibly personal decision. No one could tell me I'm an addict. I needed to decide that for myself. I refrain from telling people what they are. I only call them a label if I know they already call themselves that.

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Re: I'm finally here

Posted by GrowStrong - 13 Jun 2017 21:58

[Shlomo24 wrote on 13 Jun 2017 21:19:](#)

[mikestruggling wrote on 13 Jun 2017 19:04:](#)

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All they are all doing here is validating his personal decision Shlomo.

I definitely am an addict.

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Re: I'm finally here

Posted by Shlomo24 - 14 Jun 2017 04:52

It's funny. I thought I might be out of context. But then I realized I didn't care. I thought "If he calls himself that, great. So I look stupid. Yay. But the message isn't tied to this thread specifically. It's something that I feel everyone should understand."

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