

hello to all

Posted by The Flash - 07 Jun 2017 13:28

Hello all. I am new to GYE. I am ready for change. I have been off and on since the age of 11. Some days I have the strength to stop, most days I do not. I think the longest I ever went clean was maybe three months back in college, but obviously it followed me until I gave right back in. I have made changes for others that didn't stick, but I want this time to be different. I want the accountability of others who have been there and will get in my face if I go back.

My name is the Flash. No, I am not a flasher. I simply like the tv show and have always like the character since my childhood days.

=====
=====

Re: hello to all

Posted by 360gye - 07 Jun 2017 18:21

Welcome,

You should be able to get rid of this bad habit quickly and find what works for you. There are many tools to help you stop, look around GYE and see what fits.

I, personally would be willing to hold you accountable for your actions

=====
=====

Re: hello to all

Posted by The Flash - 07 Jun 2017 18:42

Yes please. And anyone else who is willing also. Thank you. 4 days is far from 289, but it is a start.

=====
=====

Re: hello to all

Posted by 360gye - 07 Jun 2017 18:45

can you email me at 360gye@gmail.com

=====
=====