

I molested my sister

Posted by imgonadoit - 07 Jun 2017 11:49

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When I was younger I don't remember when it started it might have been ages 12-13 or 13-14 and she was between the ages of 5-7 it didn't go past touch

she is 16 now and is going through emotional/mental hardship now I have so much shame in me about it I don't know if she even remembers but I don't know what to do if any one has any experience pleas let me know I know I'm not the only one but I feel like a slimy monster every time I think about what I did but I was so young I was so full of lust at that time I was masterbation every day a few times a day always looking for more lust so I used her as a lust object god help me please

I know I need to speak up but I'm so scared I'm a father of two kids now

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Re: I molested my sister

Posted by bear - 15 Jun 2017 02:47

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True maybe your sisters challenges are from family issues, maybe they are from the story you mentioned, maybe a combination of both, maybe something completely different. The best way to find out what is the cause, is to speak to an expert/psychologist.

Best of luck Imganadoit, hope I am not bugging you too much.

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