

Don't know where to start!

Posted by OilomHaboh - 06 Jun 2017 15:55

Hi guys,

I've been perusing some other introductions, and feel like im maybe on the wrong site, most have some sort of mild lusting & addiction to porn, masturbation etc, unfortunately my issues are that plus more...

I'm from a Yeshivish background, but unfortunately have had some decidedly unyeshivish experiences....!

Married to a wonderful woman and b'H have amazing kids, successful business and many great Chavrusas, on the surface have it all, underneath struggling mightily with crazy sexual stuff, like i'm a completely different person when it comes to the whole sex scene whether online or otherwise.

Endangering my marriage by bringing my craziness home, endangering my business by wasting hours on sexual garbage and ignoring pressing matters, endangering my kids by giving them a dysfunctional sex maniac of a father, endangering my general lifestyle by risking my anonymity on & offline, to satisfy urges, and more than all of that, endangering my Oilom Haboh by throwing away everything for a few minutes of dubious physical pleasure.

Not quite sure where i'm going with this or even where this site will get me, but iv'e tried everything including learning, therapy etc, but feel i can't join a face to face group because of my various positions in the community, so hopefully this site can help somehow...

Any advice always welcome, even where to start on this site...

Thanks!

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Re: Don't know where to start!
Posted by Shivisi_Hashem - 06 Jun 2017 16:23

Wow! I see that you do know how and where to start your recovery, hay, stay here, read the handbook, get on the conference calls, they are great, get great support from all of us, get your self REAL filters on all of your devices. you will do great.

just stick around here, we need you, you will encourage all of us how good you will do!!! you will be the sample!!!

get a filter! get a partner! remember, we recover on a daily basis, don't look forward, and don't look behind, just see the moment... there is a lot of tools here, I'm a new person since I'm here, I'm telling you, Seeing is Believing!!!

Stay Strong, Stay clean, and stay around...

You are good to go!!!

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Re: Don't know where to start!
Posted by Markz - 06 Jun 2017 16:32

[Shivisi Hashem wrote on 06 Jun 2017 16:23:](#)

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I like Shvisi's red carpet ;-)

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