

Introducing Myself - "Nerdy"

Posted by nerdy - 09 May 2017 19:10

Hello readers.

I am new and not sure how "vivid" is vivid. That is, I am not sure what may trigger in others. Feel free to edit.

I was born in 1963 making me 53 years old. My upbringing was rather stiff as my father was very controlling. In the late 70's , when I reached puberty, I started masturbating. Unfortunately, my struggle has been ongoing. TV in those days would be super clean compared to what children see today but shows like Charlies Angels and Wonder Woman gave me material to feed the masturbating habit.

My first marriage started when I was in my early twenties and lasted 27 years. My marriage starting going downhill after only a few years. there was sex 2 or 3 times a month and much masturbatng throughout. With the introduction of the internet, words are not needed to mention the material that fed my habit.

My second marriage started a little after a year of separation. During our dating she was bold enough to ask if I see inappropriate material on the net and I was honest to say yes, although masturbating was never brought up and even now we never spoke about masturbating during our marriage. She asked to me to speak to my Rav and therapist and I did and she was convinced the issue was under control. In our current marriage we do not have a TV or internet at home, but still I see things at the library. I told my wife i have a strong sex drive and would like like sex almost every night. She is reluctant to engage that often, but we do have sex 7 or 8 times a month.

My Rav used to take an active interest in helping me but has gotten so busy , he doesn't have time to reach out. My therapist is a "generalist" and not giving solid enough advice to help my problem.

I am hopeful GYE may help.

Thanks for reading

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Re: Introducing Myself - "Nerdy"

Posted by lionking - 14 Jan 2018 06:12

[ieeyc wrote on 14 Jan 2018 02:07:](#)

[youcan wrote on 12 Jan 2018 15:11:](#)

I think that many people are avoiding these words because they are ashamed. In graphology they say that if somebody is not happy with his family he would rather not write out his last name, he will use initial or just scribble it. I think that while I'm avoiding these words I have no problem admitting that I struggle with these bad bad things & don't have an issue talking about it.

me too,very well put,and as iampowerless put it very sharp and true, but beware of the attitude that I myself , and others who have posted have, and that is before I had a problem with lust , I was raised to speak lashon nekiya, to daven ,learn torah, etcetera,(whoops!)now that im dealing with lust ,acting out, so let me drop a few things here and there ,let me make a dirtyish joke ,off color joke (we`ve all seen it) ,and ive decided that im continuing doing whatever I was doing before,im not claiming to be holier than anyone ,im looking down at a/o who doesn't use astreks (uch ! look he spelled it out like that) and I don't think its something too make a whole fuss about , as it was only brought up on this thread as a smokescreen and diversion when a good question was asked with a good point trying to be made, and due to lack of an answer,someone started nit picking and as the saying goes,ask a silly question ,you get a silly answer ,you ask a GOOD question and they notice your shoe is untied. actually I made up the
be well everyone, and hatzlacha

Dear ieeyc,

I'm really sorry. I have posted the question with zero intentions to cause a smokescreen as you describe it. I received some great answers, especially Gevura's link, and others. The answers taught me to be more sensitive to other people.

I apologize that you felt like I was nitpicking you.

Please forgive me.

Thanks

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Re: Introducing Myself - "Nerdy"

Posted by lionking - 14 Jan 2018 06:32

Just my 2 cents on, both my question regarding the use of asterisks, and ieeyc's question regarding if recommending marriage to someone struggling is considered degrading of woman.

Regarding Asterisks:

I received some great answers and realized some people might be triggered by certain words. I do believe there is a difference between slang words which is not lusen nekia and should not be used, versus technical words which I feel is fine, but I understand that it can affect some people.

On a personal level, I used to be triggered when I saw a license plate with the letters EXS, my brain used to shuffle the letters and start thinking about it. Only after I started using these words here on the forums, it stopped being an issue.

Regarding ieeyc's question:

I think it depends alot on the situation. If the boy is obsessed with it or addicted, it is probably not a good idea to recommend marriage. However for the average boy which occasionally

struggles with this, I don't think there is any issues with him getting married, however he should clearly be told that for most if not all people, marriage is not a cure, it only exacerbates the problem.

Hatzlacha Rabba!

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Re: Introducing Myself - "Nerdy"
Posted by ieeyc - 14 Jan 2018 06:35

wow lionking, your such a mentch! mochel lach x3! sorry if I sounded so grouchy,gotta learn how to express better, loved your thread! learnt a lot! keep in touch,

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Re: Introducing Myself - "Nerdy"
Posted by ieeyc - 14 Jan 2018 08:08

I hate it when he cajoles me into engaging in sex.

i think you should call the police!

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Re: Introducing Myself - "Nerdy"
Posted by tzomah - 14 Jan 2018 11:18

as part of the above discussion my wife was told that in the yichud room there may be some form of ?????? ??????

guess what happened the poor girl froze like a piece of ice waiting for the holy ritual to happen so she can just get on with her life

and the poor bochur oy we wont even talk about him

does anyone even know what ????? ?????? is ?

maybe it has something to do with ???"??

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Re: Introducing Myself - "Nerdy"

Posted by MayanHamisgaber - 14 Jan 2018 12:22

[Hashem Help Me wrote on 12 Jan 2018 17:41:](#)

[cordnoy wrote on 12 Jan 2018 06:15:](#)

This is one Hell of a p***

I will also a**** that it ~~BadWordDeleted~~in' shocked me.

kol hakavod!

And yes, WDHIDFFSWT?

What does WDHIDFFSWT mean?

Where The Hell Is Da ***** Five Star Widget Thing

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Re: Introducing Myself - "Nerdy"

Posted by ieeyc - 14 Jan 2018 12:26

[tzomah wrote on 14 Jan 2018 11:18:](#)

as part of the above discussion my wife was told that in the yichud room there may be some form of ?????? ??????

guess what happened the poor girl froze like a piece of ice waiting for the holy ritual to happen so she can just get on with her life

and the poor bochur oy we wont even talk about him

does anyone even know what ?????? ?????? is ?

maybe it has something to do with ???"??

well neshek is weapons, and chibuk is choking, or maybe hitting like we do chabaka the hoshanos on the floor on hoshana raba no wonder why she was afraid, and the last word is mozel tov!

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Re: Introducing Myself - "Nerdy"

Posted by ieeyc - 16 Jan 2018 13:47

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Re: Introducing Myself - "Nerdy"
Posted by youcan - 16 Jan 2018 15:46

From the your words I understand that the rambam is talking to the wife so you can skip that rambam... You don't have to work to be mekayem that rambam.

I'm sure that just like the gemura in nedurim didn't disappoint me, the rambam will also not let me down...

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Re: Introducing Myself - "Nerdy"
Posted by Gevura Shebyesod - 16 Jan 2018 16:59

If the husband is approaching this with an attitude of "getting what's coming to him", sooner or later he's gonna get what's coming to him.

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Re: Introducing Myself - "Nerdy"
Posted by ieeyc - 18 Jan 2018 16:21

[Gevura Shebyesod wrote on 16 Jan 2018 16:59:](#)

If the husband is approaching this with an attitude of "getting what's coming to him", sooner or later he's gonna get what's coming to him.

whats coming to him?

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Re: Introducing Myself - "Nerdy"
Posted by ieeyc - 18 Jan 2018 16:36

[youcan wrote on 16 Jan 2018 15:46:](#)

From the your words I understand that the rambam is talking to the wife so you can skip that rambam... You don't have to work to be mekayem that rambam.

I'm sure that just like the gemura in nedurim didn't disappoint me, the rambam will also not let me down...

from the your words i understand that its not a mitzva to learn every word of the Rambam even if its something that doesnt aply to me.

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Re: Introducing Myself - "Nerdy"
Posted by ieeyc - 18 Jan 2018 17:37

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Re: Introducing Myself - "Nerdy"
Posted by Gevura Shebyesod - 18 Jan 2018 18:00

I don't think that cajoling is equivalent to rape, but insisting when she's clearly not in the mood is certainly not the right thing to do and will not lead to Shalom Bayis.

A huge difference between the Torah's attitude to life and contemporary culture is that the culture we live in is obsessed with rights, while the Torah focuses on responsibilities. Giving, not taking.

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