

Introducing Myself - "Nerdy"

Posted by nerdy - 09 May 2017 19:10

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Hello readers.

I am new and not sure how "vivid" is vivid. That is, I am not sure what may trigger in others. Feel free to edit.

I was born in 1963 making me 53 years old. My upbringing was rather stiff as my father was very controlling. In the late 70's , when I reached puberty, I started masturbating. Unfortunately, my struggle has been ongoing. TV in those days would be super clean compared to what children see today but shows like Charlies Angels and Wonder Woman gave me material to feed the masturbating habit.

My first marriage started when I was in my early twenties and lasted 27 years. My marriage starting going downhill after only a few years. there was sex 2 or 3 times a month and much masturbating throughout. With the introduction of the internet, words are not needed to mention the material that fed my habit.

My second marriage started a little after a year of separation. During our dating she was bold enough to ask if I see inappropriate material on the net and I was honest to say yes, although masturbating was never brought up and even now we never spoke about masturbating during our marriage. She asked to me to speak to my Rav and therapist and I did and she was convinced the issue was under control. In our current marriage we do not have a TV or internet at home, but still I see things at the library. I told my wife i have a strong sex drive and would like like sex almost every night. She is reluctant to engage that often, but we do have sex 7 or 8 times a month.

My Rav used to take an active interest in helping me but has gotten so busy , he doesn't have time to reach out. My therapist is a "generalist" and not giving solid enough advice to help my problem.

I am hopeful GYE may help.

Thanks for reading

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Re: Introducing Myself - "Nerdy"

Posted by lionking - 28 May 2017 08:02

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HHM,

I really appreciate your posting this episode. You are an inspiration! I have had similar experiences, but never at the end of a cycle. I can't imagine how you felt. I would've manipulated her in to doing it, especially since she said that she wants to do if this is the last chance, and cycles aren't always exact dates, etc...

You are truly amazing.

p.s. Just a suggestion, if you do not mind. When my wife and I are together in bed, not for sex, we remain clothed. It is much harder to prevent mz"I or needing sex when there is bare skin contact.

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Re: Introducing Myself - "Nerdy"

Posted by GrowStrong - 28 May 2017 08:34

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My turn:

I cajoled manipulated begged discussed argued persuaded for years. It doesn't mean I was successful all the time... but most times if I was successful it was stated with clarity straight afterwards that I had put another nail into the coffin of our marriage.

Today in a conversation about a lot of this stuff, she admitted that of everything that's what she's most resentful about... the fact that I abused her love for me to get my own fix.

Cut to Friday night - we were cuddling and kissing a bit and at one point she said it was too intense and she was too scared to go further.

Of course now that I am in recovery there was no problem with it, I am happy to give her space and sex is now optional and it can't be just words it has to be real and not fake.

This is what I am dealing with now. Recovery is only a few months real and she barely has been present for these few months post birth.

But manipulation and cajoling was 17 years..

The fact is that I am saying the same things in recovery that I was saying in active addiction.

The only difference is now I now really mean it.

"No pressure, I want you to be happy, I never want sex that's one sided."

So I dug my own grave and I now have to eat it.

The fact is that it's true now. And only time and actions can fill the hole I dug with a ground to stand on again.

My wife is very sensitive and very guilt ridden which makes it harder. Last night she said to me that I should just leave her and get a wife who won't have all the scars of the past messing her up.

She said this partially because she is fearful of being able to get over the past but also because she feels sorry for me. Isn't that wild!

Of course I said many things about how ludicrous a statement it was...

Where did it come from? Maybe from me telling her that even if it takes a year or two for her to be ready for sex that's fine - I can wait.... but she can't be guilt ridden for that whole time!

Thank God we are in therapy and don't have to work through these things alone - they fill

me with a lot of confusion and fears also... And my physical discomfort doesn't make things easier - it confuses things a lot for me.

Every women is different and we all have our own pekeleh.

What we lose out from such raw emotional honesty we gain from such a close communicative connection.

I know there are many people who would be envious of the open communication we have over these issues-but for me the raw openness opens up much pain without any filters.

The bottom line is I spent many years in active addiction and it may take many years of positive sobriety before a real healing will take place between us in the bedroom... and my job right now is to 'live' sex is optional. Or even off the table. And work with the therapist on getting guilt off the table. Building trust in action and proof of actions.

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Re: Introducing Myself - "Nerdy"

Posted by lionking - 28 May 2017 09:52

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The discussion should probably move over to the BB forums.

Thanks

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Re: Introducing Myself - "Nerdy"

Posted by Workingguy - 28 May 2017 15:42

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[Shlomo24 wrote on 26 May 2017 23:45:](#)

Interesting stuff. WorkingGuy: You might want to check your spelling. You referred to Hagaon Harav Cords as Kourtnei. I thought that was the newest Kardashian. And then you called him corduroy! The gall.

Just kidding, have a great Shabbos everyone.

Voice to text. But cue yeshivish voice "Eh, Kardashian? What's that? Mistama it's something goyish; I don't know from these things."

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Re: Introducing Myself - "Nerdy"

Posted by absent - 09 Jan 2018 06:11

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Re: Introducing Myself - "Nerdy"

Posted by absent - 09 Jan 2018 08:02

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Posted by youcan - 10 Jan 2018 02:14

Re: Introducing Myself - "Nerdy"

Posted by lionking - 10 Jan 2018 04:51

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leeyc, please send me the marah makom to the gemura you quoted. Thanks.

The Gemara is in Nedarim 20b. It is also mentioned in Halacha. However there is a machlokes Rishonim exactly what the Gemara is referring to.

This is all not relevant L'maaseh. Read Cord's post.

p.s. I was once in a used Seforim store and found a book misinterpreting Gemara's for all types of Apikorsos... Not saying anyone is misinterpreting anything here.

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Re: Introducing Myself - "Nerdy"

Posted by Hashem Help Me - 10 Jan 2018 05:05

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When one has a shaila in hilchos Shabbos does he pasken from a gmora? Of course not. We have to see how the rishonim learned through the inyan down to the Bais Yosef and Rema down to the acharonim and eventually the poskim of today. The same is true in every area of Jewish life. We value all maamarei Chazal but view them through the lens of our poskim. Go ask your rav if you can tell your wife, "Too bad, you are married now. Your husband may do as he pleases." I am sure your rav can explain that gmora appropriately without sacrificing p'shat. And just to note. The amora was speaking to the wife. It is not recorded what or if he told the husband. Maybe he told her what she needed to hear, but also told him what he needed to hear. Just a thought. No intention to offend anyone.

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Re: Introducing Myself - "Nerdy"

Posted by absent - 10 Jan 2018 18:57

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Re: Introducing Myself - "Nerdy"

Posted by ieeyc - 10 Jan 2018 19:00

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[lionking wrote on 10 Jan 2018 04:51:](#)

ieeyc, please send me the marah makom to the gemura you quoted. Thanks.

The Gemara is in Nedarim 20b. It is also mentioned in Halacha. However there is a machlokes Rishonim exactly what the Gemara is referring to.

This is all not relevant L'maaseh. Read Cord's post.

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thank you for the source ,but missed my point

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Re: Introducing Myself - "Nerdy"

Posted by absent - 10 Jan 2018 19:38

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Re: Introducing Myself - "Nerdy"

Posted by Trouble - 10 Jan 2018 21:26

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ca·jole

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verb

verb: cajole; 3rd person present: cajoles; past tense: cajoled; past participle: cajoled; gerund or present participle: cajoling

persuade someone to do something by sustained and persistent coaxing or thru undeserving flattery.

"He hoped to cajole her into undressing."

synonyms: persuade, wheedle, convince someone to do something they didn't necessarily want to do, coax, talk into, rape gently, prevail on, sweet-talk, butter up, soft-soap, seduce, inveigle

"I hate it when he cajoles me into engaging in sex."

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