

Introducing Myself - "Nerdy"

Posted by nerdy - 09 May 2017 19:10

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Hello readers.

I am new and not sure how "vivid" is vivid. That is, I am not sure what may trigger in others. Feel free to edit.

I was born in 1963 making me 53 years old. My upbringing was rather stiff as my father was very controlling. In the late 70's , when I reached puberty, I started masturbating. Unfortunately, my struggle has been ongoing. TV in those days would be super clean compared to what children see today but shows like Charlies Angels and Wonder Woman gave me material to feed the masturbating habit.

My first marriage started when I was in my early twenties and lasted 27 years. My marriage starting going downhill after only a few years. there was sex 2 or 3 times a month and much masturbatng throughout. With the introduction of the internet, words are not needed to mention the material that fed my habit.

My second marriage started a little after a year of separation. During our dating she was bold enough to ask if I see inappropriate material on the net and I was honest to say yes, although masturbating was never brought up and even now we never spoke about masturbating during our marriage. She asked to me to speak to my Rav and therapist and I did and she was convinced the issue was under control. In our current marriage we do not have a TV or internet at home, but still I see things at the library. I told my wife i have a strong sex drive and would like like sex almost every night. She is reluctant to engage that often, but we do have sex 7 or 8 times a month.

My Rav used to take an active interest in helping me but has gotten so busy , he doesn't have time to reach out. My therapist is a "generalist" and not giving solid enough advice to help my problem.

I am hopeful GYE may help.

Thanks for reading

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Re: Introducing Myself - "Nerdy"  
Posted by cordnoy - 18 Jan 2018 18:27

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There is also the element of what is productive for the people who frequent this site to hear.

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Re: Introducing Myself - "Nerdy"  
Posted by ieeyc - 18 Jan 2018 18:32

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Re: Introducing Myself - "Nerdy"  
Posted by ieeyc - 18 Jan 2018 18:39

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Re: Introducing Myself - "Nerdy"  
Posted by Gevura Shebyesod - 18 Jan 2018 18:50

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[ieeyc wrote on 18 Jan 2018 18:32:](#)

[Gevura Shebyesod wrote on 18 Jan 2018 18:00:](#)

I don't think that cajoling is equivalent to rape, but insisting when she's clearly not in the mood is certainly not the right thing to do and will not lead to Shalom Bayis.

as far as i know,cajoling is different than insisting.

In degree, maybe. And either is dishonorable and wrong. But calling it rape is a bit overboard I think. Unless physical force (or threats of) is used.

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Re: Introducing Myself - "Nerdy"  
Posted by ieeyc - 18 Jan 2018 19:12

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Re: Introducing Myself - "Nerdy"  
Posted by cordnoy - 18 Jan 2018 19:27

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[ieeyc wrote on 18 Jan 2018 18:39:](#)

[cordnoy wrote on 18 Jan 2018 18:27:](#)

There is also the element of what is productive for the people who frequent this site to hear.

im sorry, isnt that the job of the moderator , i say something stupid,and dangerous, and it gets deleted,no?

Not from this moderator.

If I would delete stupid posts, I'd need to spend much more time here. In my years of moderation, I have hardly deleted any posts. I like this to be a free and open society, where people are not afraid to speak their mind. I'd much rather leave a post, and if I think the advice, attitude, suggestions, etc. are unhealthy or detrimental, I will speak my mind.

God speed to all!

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Re: Introducing Myself - "Nerdy"  
Posted by eslaasos - 18 Jan 2018 20:34

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[Gevura Shebyesod wrote on 18 Jan 2018 18:50:](#)

[ieeyc wrote on 18 Jan 2018 18:32:](#)

[Gevura Shebyesod wrote on 18 Jan 2018 18:00:](#)

I don't think that cajoling is equivalent to rape, but insisting when she's clearly not in the mood is certainly not the right thing to do and will not lead to Shalom Bayis.

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In degree, maybe. And either is dishonorable and wrong. But calling it rape is a bit overboard I think. Unless physical force (or threats of) is used.

My experience is that what's going on in my head that is driving my reaction is what counts. (This is assuming a baseline that there is no physical coercion which is the classic definition of rape.)

If I am feel resentment that intimacy didn't happen, that's my clue that I'm in the wrong headspace. Any consequent action I take, whether it's cajoling, seducing, sweet-talking, or sulking - is wrong. It's not an act of love, it's an act of selfishness.

Maybe one day I can talk about taking similar actions that are generated by more wholesome motivations, but I'm not there yet. I'd hope there are people in 2018 who can be mefayes their wives when she isn't in the mood because it's a mitzvah, or good for their relationship, or some other healthy reason, but that's not for me to post about.

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Re: Introducing Myself - "Nerdy"  
Posted by tzomah - 19 Jan 2018 09:51

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sounds like there is a issue of semantics here

ones or mefateh they're bothy not good

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Re: Introducing Myself - "Nerdy"

Posted by Workingguy - 21 Jan 2018 14:35

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I think this is getting way too complicated. The way one very reputable therapist told it to me- and he's a talmid chacham par excellence as well- the idea of piyus is often that they aren't so in the mood and you get them to be in the mood.

There are plenty of people who can cajole and it is good for both of them- where there's a humorous aspect to it, where the wife feels desired, and where even if she knows he's interested physically she's appreciative that he has desire for her and is happy to participate.

There are plenty of normal marriages where that is the case.

For some people here that it toxic. For some, they feel it isn't the highest level they can be.

But don't make it more complicated than it needs to be.

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Re: Introducing Myself - "Nerdy"

Posted by Markz - 21 Jan 2018 15:01

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[Workingguy wrote on 21 Jan 2018 14:35:](#)

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But don't make it more complicated than it needs to be.

We need a Thread called "**Confusing Words**"

To you cajoling means one thing - I assure you many people don't understand it that way

Why does there need to be a humorous aspect to it?

Why does the wife need to feel desired?

If she's cajoled to be willing and wasn't forced - isn't that also included?

From my understanding this is where cordnoys confusing word "raping" comes in here.

The lines are blurred... who's gonna take the bold step and start that thread?

You can start with the word "addict". 2 weeks ago I fell after 160 days and got an automated email from GYE I should consider if I'm an addict - although according to the definition of addict I don't believe I am...

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Re: Introducing Myself - "Nerdy"  
Posted by lionking - 21 Jan 2018 15:15

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@Markz,

I was going to open the thread, but out of respect for you and abstained. I know you don't like

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Re: Introducing Myself - "Nerdy"

when people just keep opening threads and recommend sticking to one thread...

Posted by Markz 21 Jan 2018 15:37

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[lionking wrote on 21 Jan 2018 15:15:](#)

@Markz,

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when people just keep opening threads and recommend sticking to one thread...

New threads that will have traction are fine - and you can take the plunge if you like

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Re: Introducing Myself - "Nerdy"  
Posted by lionking - 21 Jan 2018 15:50

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My above post was made in jest.

I don't pretend to be an authoritative source on linguistics, and am just as confused as you are on a lot of the words which are the jargon over here. Not even sure if I think I am an addict or not, or if I understand what that word is supposed to mean, and for all practical purposes I really don't care.

People definitely use words here, out of context, if you use a Webster's dictionary to define them. Perhaps they are just tryin' to make a point. I can explain what raping means, but I think I might be a little too graphic. Not in the mood to cause anyone any sensitive issues.

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Re: Introducing Myself - "Nerdy"  
Posted by Workingguy - 21 Jan 2018 15:56

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Let's leave cajoling raping etc out of it. In marriage, often one spouse wants to do something- take a walk, go on vacation, see a show to movie, go to a lecture- and they don't want to do it alone, and they want their spouse to join them.

Is there an issue if someone's wife says "Cone with me to the vort, I hate to go alone" "But I'm not so interested" "but do it for me" "ok fine, of course".

Thats a very normal, healthy part of marriage for normal people. Do something for your spouse if you're not so in the mood because they want to, and you want to make them happy. Now, should we be the askers of those type of things? In a healthy relationship, the wife wants you to be asking her (not talking about sex) to be there for you.

Sex is only different because so many people aren't healthy about it, but fundamentally, there is no difference between saying "just come on the walk with me, it'll be fun" and doing

whatever it is we're discussing here.

That's in a normal situation; because people here are addicts, porn watchers, etc there is an element of taking advantage of the other person because we might be doing all sorts of things on the side, that is why it is worse and different.

But we also have to know what's normal in a healthy marriage and not add guilt where none is due.

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