

**I Need To Stop**

Posted by yosef10 - 04 May 2017 00:51

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For the past few years i have tired to overcome my yetzer hara. Spilling seed has taken over my life and i can't take it. I feel like I'm lying to myself and everyone around me. On the outside, in school, at home, around my friends and family, i am seen as a great kid. Everyone tells me i have great meedos, i do chased, i learn torah and am in top shir. But on the inside i feel terrible. I can't control myself and tried everything within my power. The only thing i haven't done is admit it to someone because i am too prideful of my "image", even though i really know on the inside I'm two faced and everything "good" i do is just a cover. When i was younger my parents got divorced. My father is a terrible peson and abused my mother and all of my siblings at one stage of our lives. He stole via an online company and is currently in jail . He was even evil enough to sign papers with my mothers name on it so she would take some of the fall. As i got older i got a very strong respect and for my mother, and i can't stand hiding and lying to her. Also, once i got into my mid teen years, i developed a want for a family of my own. I wanted to build a basis with a kind, sweet hearted jewish wife and raise beautiful jewish children. I want to be everything my father isn't and wasn't. I can't wait to have an amazing relationship with my kids and wife b"h. I can't help think that eveytime time i "sinned" that i jeopardized that image, and that those thoughts might even be a factor that draw me to "sin". I can't live with myself and have developed a depression side affect. Whats terrible is that even during that time period i can't control myself. I feel week minded and like i will never amount to anything because that will always be holding me backl go to an all boys yeshiva. I try to take everything i learn throughout the whole day but when i get an idea or thought, I'm not rational, and don't think about any of the consequences until after.

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**Re: I Need To Stop**

Posted by yosef10 - 27 Apr 2020 03:23

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[.https://guardyoureyes.com/forum/4-On-the-Way-to-90-Days/348493-Lets-do-this#348795](https://guardyoureyes.com/forum/4-On-the-Way-to-90-Days/348493-Lets-do-this#348795)

Thanks again guys, and Hatzlacha Rabba to all

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