

Some history about me

Posted by reallyhopeful21 - 27 Apr 2017 13:58

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Hi I'm a regular guy Im just turned 21 I was in yeshiva doing well. I kind of always had a pull to these things but always ended up keeping away from them some way or other

Anyway around about 2 years ago I had a little bit of a downfall in my spiritual life caused by some happenings in my life which caused me to fall in this area. At the beginning I didn't even care I was fine with it I knew it was bad but didn't really give it a second thought. but as time went on I realised it was severe and had to be dealt with.

I somehow stopped for 40 days once when someone offered me money for it but then I fell again.

It then grew sick of it a while later and would get depressed every time and promised myself I'd never do it again. But you know how it goes and months later I'm still on it.

Sometimes I stop for a week or two but never more. Until a few days ago I had had enough and looked around the Internet to see what I could do about it. And that's how I came across gye which looks like an amazing program and which I hope beezras Hashem will help me come clean completely and back to a normal happy and fulfilling life!!!

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Re: Some history about me

Posted by cordnoy - 27 Apr 2017 14:19

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Welcome,

IyH it should all work out.

B'hatzlachah

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Re: Some history about me

Posted by Kleen4real - 27 Apr 2017 15:29

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Welcome,

In my opinion, GYE is not a program it's a family, and welcome to the family.

Should be with much ????? ?????.

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Re: Some history about me  
Posted by MayanHamisgaber - 27 Apr 2017 16:52

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Welcome continued hatzlacha

Would you consider yourself an addict or not?

What things have you tried so far?

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Re: Some history about me  
Posted by dd - 27 Apr 2017 16:59

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Welcome!!!

Hang in there bro,

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Re: Some history about me

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Posted by Markz - 27 Apr 2017 17:03

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[dd wrote on 27 Apr 2017 16:59:](#)

Welcome!!!

Hang in there bro,

Yup, just don't hang onto old beliefs

Learn something new everyday. That's what ??? ??? ??????

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Re: Some history about me

Posted by Chaimel - 27 Apr 2017 18:16

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[reallyhopeful21 wrote on 27 Apr 2017 13:58:](#)

beezras Hashem will help me come clean completely and back to a normal happy and fulfilling life!!!

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welcome!!

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Re: Some history about me

Posted by Chaimel - 27 Apr 2017 18:22

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[MayanHamisgaber wrote on 27 Apr 2017 16:52:](#)

Would you consider yourself an addict or not?

Can someone point me in the direction of how one can determine the answer to this? I've mostly been exposed to substance abuse before and I'm not sure if it's the same criteria

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Re: Some history about me  
Posted by cordnoy - 27 Apr 2017 18:48

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[Chaimel wrote on 27 Apr 2017 18:22:](#)

[MayanHamisgaber wrote on 27 Apr 2017 16:52:](#)

Would you consider yourself an addict or not?

Can someone point me in the direction of how one can determine the answer to this? I've mostly been exposed to substance abuse before and I'm not sure if it's the same criteria

Il don't think you should bother yourself with this question.

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Re: Some history about me  
Posted by Hashem Help Me - 27 Apr 2017 20:26

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Welcome. Best wishes for hatzlocha. Dont get bogged down with diagnosis of addict or not at this point. Just keep posting, keep reading, keep learning, and iyh you will get out of this mess. There is a big oilam here ready to help. Stay connected to the family.

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Re: Some history about me  
Posted by gibbor120 - 01 May 2017 18:28

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Welcome! it's nice to have you with us. Check out the handbook. Keep posting.

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Re: Some history about me  
Posted by Singularity - 02 May 2017 08:56

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Welcome! Glad you joined the GYE highway. Keep shipping with us and you'll work out alright!

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