

Introduction

Posted by EzraP - 04 Apr 2017 01:05

Shalom,

I'm finally posting on here. I found this website a few weeks ago but I wasn't really ready to make the commitment to stop at the time. After a particularly bad session tonight, I decided to sign up for GYE. Not sure if I'm doing any of this right and I'm not in a particularly great place at the moment, but I figured I'd just say hello!

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Re: Introduction

Posted by cordnoy - 04 Apr 2017 01:12

[EzraP wrote on 04 Apr 2017 01:05:](#)

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Good move!

Welcomel.

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Re: Introduction

Posted by Markz - 04 Apr 2017 03:03

Welcome brother

Take your time

No one is gonna push you to open more than you can

No one is gonna open your can more than you allow

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Re: Introduction

Posted by bb0212 - 04 Apr 2017 06:49

[EzraP wrote on 04 Apr 2017 01:05:](#)

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Welcome Ezra! Sorry to hear that your not feeling too great. You got a fan club of ppl here waiting to offer advice to you, to try to help. You can email me (my email is below this message) if logging in isn't something you want to do. In either case, wishing you lots of success in your endeavor, many people have been helped tremendously by this forum/site.

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Re: Introduction

Posted by Singularity - 04 Apr 2017 07:50

Welcome, brother. Hatzlocha in your journey.

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Re: Introduction

Posted by gibbor120 - 04 Apr 2017 19:27

Welcome! Check out the handbook. Keep posting.

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Re: Introduction
Posted by Singularity - 05 Apr 2017 09:30

He's posting! We've got a live one! reel him in!

[Here's your deus ex machina](#)

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Re: Introduction
Posted by MayanHamisgaber - 05 Apr 2017 19:17

Hello

Recovery should be with Hatzlacha

Let us know how we can help

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