

Relapse

Posted by shlompy - 16 Mar 2017 22:36

---

Hi all, I am a regular Yeshivish guy, married with 2 kids and I can't believe this has actually happened! I have struggled as a teenager and young adult with masturbation, pornography etc and after really hard work I managed to keep clean for ages. More than two years.

Suddenly, the past few weeks I have been struggling in this area and today was finally the day that I FAILED!!!

I just can't believe it!! I feel like all the hard work is for nothing. I am trying to stay positive and not get too down about it. I also don't want to fall into a new habit of failings again.

Thanks for listening!

=====

=====