

Hi, I'm new here...

Posted by thehopeful123321 - 08 Mar 2017 18:31

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Hi, I'm relatively new here. This is my first time posting outside of my 90 days thread. I have been "clean" for quite a while, since I installed the filters, about 2 months I think, but I am still struggling very hard with other time-wasters and procrastination which have a bad effect on my marriage, health, and degree studies.

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Re: Hi, I'm new here...

Posted by anon12345 - 08 Mar 2017 19:09

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[thehopeful123321 wrote on 08 Mar 2017 18:31:](#)

~~Hi, I'm relatively new here. This is my first time posting outside of my 90 days thread. I have been "clean" for quite a while, since I installed the filters, about 2 months I think, but I am still struggling very hard with other time-wasters and procrastination which have a bad effect on my marriage, health, and degree studies.~~

Welcome!!!

So many factors - what do you do for parnassah? or are you in kollel?

I also struggle at times to stay motivated at work and I will at times waste time at home with games and narish keit... its hard

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Re: Hi, I'm new here...

Posted by cordnoy - 08 Mar 2017 21:32

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Wastin' time was a key motivator to get me here.

B'hatzlachah

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Re: Hi, I'm new here...

Posted by gibbor120 - 09 Mar 2017 15:54

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Re: Hi, I'm new here...

Posted by thehopeful123321 - 13 Mar 2017 18:19

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I have been less critical about myself wasting time since I realized I have to kick my bad habits one at a time or I might fall altogether. So Its been a couple of good few days, even though I wasted time in the beginning of the day, since I wasn't too harsh on myself, I was able to turn things around and get a lot of things accomplished.

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Re: Hi, I'm new here...

Posted by thehopeful123321 - 13 Mar 2017 18:22

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Was there anything in particular that was very helpful for you?

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