

new but read

Posted by Miracle - 08 Feb 2017 00:17

I'm new. I thought I would never install filters, which was the hardest part for me, and if I couldn't do that, I couldn't do the rest. In my GYE e-mail I read "Psychological factors in sexual acting out" by Dr. Benzion Sorotzkin. What he explains/describes is exactly me and I never felt understood like that before but I did analyze like that (not to his expertise level and extent, but the basics). When I read his description of "soothing" oneself, that's what clicked with me and I decided I didn't want to let myself down to be a soother any longer. I went out and got the filters (K9 & NetRouter with openndns set up via TAG).

I'd greatly appreciate if any advisory-type comments to me (other than the short simple support words) would be made in the line of thinking of said article of Dr. Benzion Sorotzkin. That will keep me focused on the real underlying issue and not deter me by reading a comment that just doesn't apply and could make my heart sink. Tks!

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Re: TaPHSiC Method not for me, what's out there thatis

Posted by Shlomo24 - 14 Mar 2017 03:45

That's pretty lofty praise. Thank you. (There's a grammar error that I fixed though so if you're actually going to "paste it on every thread" then please quote it again). Sorry, my perfectionism just had something to say.

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