GYE - Guard Your Eyes

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introduction
Posted by joereede - 25 Jan 2017 01:15

Hi,

I am a married man. I don't watch pornography everyday, as at least I am careful to not have a smart phone or unfiltered internet, but whenever I get the chance, I am a slave to it. I have no choice. Being motzie zera livatala invariably follows.

I also have a big problem with looking at women and fantasizing. Neighbors, people passing by, anybody really- I have fantasized.

All aveiras aside (if there could be such a thing) I love my wife so much and it kills me that by doing these things she becomes less attractive to me.

I need help. I want to be as attracted to her as I once was. I want to not feel like a slave. I want to know that this is something I can help. I honestly dont see it happening. There are too many woman around my neighborhood, wearing too many tight skirts.

Help.			
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