

just suscribed

Posted by tzomah - 11 Jan 2017 17:25

hi this is tzomah now that i'm getting alittle used to this one week maybe ican open up as akid my parents were a little messed up lots of screaming and fighting and i would soothe myself by mastrubating and playing with myself while fantasizing about any girl i happened to have seen that day or my 2 cousins i did this from when i was akid almost till i got married feeling guilty all the time except if i was learning really well and connecting to hashem i would sometimes be able to hold off for the most a month but at times i would go crazy and have such strong urges that i did quite some crazy things to get my fix

after i got married i stopped but inow realize that i was really using my wife igot obsessed with her and her sexual abilites or lack of and being from a closed home she didn't know much and i expecting who knows what mainly that she be and act like a fantasy i tried controlling myself but really i was subconsciously manipulating her to be some one else and for atime it worked like 2and ahalf years until her compulsive issues came out and then i realized she wasn't even capable of fullfilling the fantasy then ibasicaly collapsed and slowly got in to the internet before you know it porn for a year till one week ago i decided enough is enough found gye and am trying to kick this compulsive habit this is the first time i am making a real confession so any comments or chizuk would surely help as i get thes compulsive feelings when i turn around and see a hot girl i also start feeling guilty about how prust i can be

=====

=====

Re: just suscribed

Posted by tzomah - 27 Apr 2017 18:38

there many beautiful women in this world b"h i saw none of them today (except one)

=====

=====

Re: just suscribed

Posted by hired247 - 27 Apr 2017 21:56

And I say:there many beautiful women in this world b"h, i saw **alot** of them, i **looked** on none of them.?

=====

=====

Re: just suscribed

Posted by tzomah - 08 May 2017 16:44

slipping

not falling please hashem don't want to give in

looked at inappropriate material

slip in my dictionary for now

im afraid a full fall could come if not

i m getting up i'll be steady tom.

=====

=====

Re: just suscribed

Posted by 360gye - 08 May 2017 16:46

Don't give up. you can push through this

=====

=====

Re: just suscribed

Posted by Hashem Help Me - 09 May 2017 04:42

[tzomah wrote on 08 May 2017 16:44:](#)

slipping

not falling please hashem don't want to give in

looked at inappropriate material

slip in my dictionary for now

im afraid a full fall could come if not

i m getting up i'll be steady tom.

Hope you pull through. How about calling?

=====

Re: just suscribed

Posted by tzomah - 14 May 2017 10:54

b"h i am doing great pulling thru

and feeling lots of chizuk

inspired from shvisi's shabbos thread and bzchus hatana rashbi i was thinking why don't we start a tehilim thread where people can take a perek or 2 (not too much) of tehilim to say daily for all the yidden who are struggling i heard a shmuz from r' tzvi meir zilberberg he quoted the chasam sofer that when moshiach comes there will be a tayna why we didn't daven for the y"hj to go away

look at erichin 32b

we already have koach hatzibbur why not say tehilim together for gants klal yisroel being put in such nisyonos

=====

Re: just suscribed

Posted by Hashem Help Me - 14 May 2017 11:46

[tzomah wrote on 14 May 2017 10:54:](#)

b"h i am doing great pulling thru

and feeling lots of chizuk

inspired from shvisi's shabbos thread and bzchus hatana rashbi i was thinking why don't we start a tehilim thread where people can take a perek or 2 (not too much) of tehilim to say daily for all the yidden who are struggling i heard a shmuz from r' tzvi meir zilberberg he quoted the chasam sofer that when moshiach comes there will be a tayna why we didn't daven for the y"hj

to go away

look at erichin 32b

we already have koach hatzibbur why not say tehillim together for gants klal yisroel being put in such nisyonos

A group of us on a different thread (which has been in hibernation for quite some time now) started a few months ago saying kapitlach 141 and 142 every day as a zchus for the whole chevra here. It will be greatly appreciated if you and anyone else out there join. Bli ayin hora, haven't missed a day.

=====

Re: just suscribed

Posted by tzomah - 14 May 2017 16:37

bl"n will start

how do we get it out of hibernation and make people aware

=====

Re: just suscribed

Posted by Shivisi_Hashem - 14 May 2017 17:28

Please direct me to that thread

Thanks

=====

Re: just suscribed

Posted by bb0212 - 14 May 2017 17:54

[Shivisi Hashem wrote on 14 May 2017 17:28:](#)

Please direct me to that thread

Thanks

He must be referring to this:

[Yosef Tikun HaYesod wrote on 07 Mar 2017 12:17:](#)

I think it's a great idea to say a couple of Tehillim for our success:

Let's try 141 and 142.

There all good, so let's not get into a discussion about which ones to choose.

Just remember in 141 to say the Shem HaShem correctly (there's a part that is read:

"Elokim Ad-noy"...which could easily be messed up and read incorrectly).

=====

Re: just suscribed

Posted by Shivisi_Hashem - 14 May 2017 18:02

Should we open a new thread for this so we can daily post our participation in it? Like this one guardyoureyes.com/forum/1-Break-Free/309148-Pidaini--Mr-Emunahs-P--M-Mincha-Group

=====

Re: just suscribed

Posted by Markz - 14 May 2017 18:48

[Shivisi Hashem wrote on 14 May 2017 18:02:](#)

Should we open a new thread for this so we can daily post our participation in it? Like this

one guardyoureyes.com/forum/1-Break-Free/309148-Pidaini--Mr-Emunahs-P--M-Mincha-Group

That thread is exclusively for people that struggle with public prayer attendance, as I do too, so it pays.

I don't know how far a tehillim group will go on this side of the fence of gye, although there were a few girls spotted on the wrong side... I guess their Taphsic wasn't strong enough...

=====

Re: just suscribed
Posted by Hashem Help Me - 15 May 2017 03:09

[Markz wrote on 14 May 2017 18:48:](#)

[Shivisi Hashem wrote on 14 May 2017 18:02:](#)

Should we open a new thread for this so we can daily post our participation in it? Like this one guardyoureyes.com/forum/1-Break-Free/309148-Pidaini--Mr-Emunahs-P--M-Mincha-Group

That thread is exclusively for people that struggle with public prayer attendance, as I do too, so it pays.

I don't know how far a tehillim group will go on this side of the fence of gye, although there were a few girls spotted on the wrong side... I guess their Taphsic wasn't strong enough...

Maybe I misunderstood what you wrote. Since when is Tehillim copyrighted for womenfolk only? I have seen many great rabbis turning those tearstained pages too. It would be a tremendous zchus if we all davened for each other. I had you and everyone else in mind when I said those 2 kapitlech today. Everyone out there could do the same. No pressure, just

responding.....

=====
=====

Re: just suscribed

Posted by Shivisi_Hashem - 15 May 2017 04:04

How about starting thilim from kapital 1, and every day, all the GYE chavairim will say the same kapital? And everybody will just respond, with no ???/pressure ?

=====
=====