

Shidduchim for Recovering addicts

Posted by SalerMoish - 18 Dec 2016 01:44

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Hi, I'm new here on GYE, and I have a question which I would think would've already been posted, but I haven't seen it yet. I'm 22 years old, and have been struggling with m\*\*\*\*\* throughout my years in Yeshiva. In the past 3 years, when I got a smartphone, I became addicted to p\*\*\* as well. Now I have began my journey to recovery, by joining the 90 chart and getting a good filter on my phone.

So my question is: when the right time comes, iyh, will I need to reveal my struggles to prospective Shidduchim, and if yes, at what stage? On the other hand, maybe it would ruin any chance of someone saying yes. Please share your thoughts.

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Re: Shidduchim for Recovering addicts

Posted by cordnoy - 18 Dec 2016 02:01

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[SalerMoish wrote on 18 Dec 2016 01:44:](#)

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You have a rebbe?

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Re: Shidduchim for Recovering addicts

Posted by SalerMoish - 18 Dec 2016 04:04

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Not really. I'm actually Chabad, and having a "Mashpia" or someone you can ask for advice and report to is something the Rebbe very much wanted from everyone, to the point that the Rebbe

called it a "Bakasha Nafshis", but sadly I never kept that up.

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Re: Shidduchim for Recovering addicts  
Posted by cordnoy - 18 Dec 2016 04:14

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[SalerMoish wrote on 18 Dec 2016 04:04:](#)

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Time to start.

Either way, recover for today.

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Re: Shidduchim for Recovering addicts  
Posted by Shlomo24 - 18 Dec 2016 17:18

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I agree with Harav Cordnoy Shlita. I think having a Rebbe/Mashpia/LOR/Spiritual Guide is very important in these delicate manners. To take advice from an anonymous forum can be detrimental to you. A word of caution though: Try to find a Rebbe who knows this inyan. I have confided with Rebbeim who are incredibly nice people and are very spiritual, but they just didn't have experience with what I was dealing with.

Hatzlacha.

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Re: Shidduchim for Recovering addicts  
Posted by Singularity - 19 Dec 2016 09:10

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[Shlomo24 wrote on 18 Dec 2016 17:18:](#)

I agree with Harav Cordnoy Shlita. I think having a Rebbe/Mashpia/LOR/Spiritual Guide is very important in these delicate matters. To take advice from an anonymous forum can be detrimental to you. A word of caution though: Try to find a Rebbe who knows this inyan. I have confided with Rebbeim who are incredibly nice people and are very spiritual, but they just didn't have experience with what I was dealing with.

Hatzlacha.

True. I've been so tempted to tell any run-of-the-mill rabbi my issues. But it may well be divulging your running interests to an avid weightlifter. You might get a pat on the back (watch out!) but nothing more, really....

Welcome! Hatzlocha! Enjoy some free Karma!

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Re: Shidduchim for Recovering addicts  
Posted by Singularity - 19 Dec 2016 09:10

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... when the six hour cool-off period is up. I thought that was only person-dependent? Guess it strokes across the board.

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Re: Shidduchim for Recovering addicts  
Posted by gibbor120 - 19 Dec 2016 22:13

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Welcome! Rabbi Twerski has some words of advice. Search GYE for a couple letters he wrote. Your main task right now is to get sober. Have you tried before? Has anything helped? Have you read the handbook?

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Re: Shidduchim for Recovering addicts  
Posted by SalerMoish - 20 Dec 2016 02:17

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Yes, I just installed a filter (Gentech) on my phone, which has definitely helped. I'm also 5 days clean so far on the 90 day chart. I'll check out Rabbi Twerskis articles. Thanks!

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Re: Shidduchim for Recovering addicts  
Posted by Singularity - 20 Dec 2016 08:35

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Only continued Hatzlocha! May your recovery grow exponentially!

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