WILL SUCCEED BE Posted by will Succeed Beh - 08 Dec 2016 18:59

Hi

Here is my story, I'm from a normal Heimishe Family, good loving parents,

When i was i young boy i came to notice that there is some differences in body between male & female, so i started fantasizing about revealing them, then i found some catalogues and devoured them to find some hints, that was basically it.Till one day when i was in Yeshiva Ketane i found a phone (a simple stupid phone) and i found that by browsing a bit i could find some interesting things..., didn't get to far then as the phone had a under 18 safeguard block, but enough to make me realise that with any phone with using a bit of your head you can find what you want, you just have to find your way around, after a few days my parents noticed it (from extra charges on the phone bill) they asked someone to speak to me and he did, but didnt help to much for my newfound ideas.

About a year later i found another phone this time it was a Blackberry and within a few minutes i was exposed to the worst pictures, that i didnt even dream that there is.

Afterwards i went of to Yeshiva Gedola in Israel, at first everything was ok, but slowly the old habits came back, but i didnt have a phone so it basically stayed in my mind, about 1 1/2 years into Yeshiva Gedola i started to masturbate till then interesting enough (B"H) i never did it!

Then one Bein Hazmanim when going back to Yeshiva i took with me a phone, in the Beginning i only played games with it, after that i bought a sim card and...

Then i got married to a beautiful nice young girl was extremely happy, i got settled and it seemed that everything was ok, but deep inside it still bubbled - it was never fixed.

Bout two years after my Chasuna i started again @ first just making sure to see some things by mistake (in a *kosher internet caffe*) then i got laptop for some work, i made sure to install a good filter.But then it started with movies, i got hooked up on an actor went on searching for more movies and in the same time i started to look for loopholes in the filter, sure enough i found some, i started to search for porn (which i can say was quite hard to find with a filter), after some time i took off the filter, started viewing porn and started masturbating 1st time since my Chasuna (2 1/2 ys), then started the cycle of putting back the filter - taking it off.....

Then i found GYE by an ad on the yeshiva world news site, i started of with the 90 days chart, it helped for a while, then fell back down tried again and fell again, till i realised i need something more,

So im starting Beh the TaPHSiC Method.

BE"H WE WILL SUCCEED

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Re: WILL SUCCEED BE Posted by will Succeed Beh - 24 Jan 2017 14:23

My councillor from Israel put me up with someone from Israel he knew.

Re: WILL SUCCEED BE Posted by will Succeed Beh - 25 Jan 2017 10:59

Here is a post about how lust in small quantities dosent work for an addict.

I changed my *filter*, on both my computers to a white-list, when i want to change the level of my filter, they need to get a confirmation from my sponsor (via email), i can request websites by myself, and the company checks it if its ok, if not sure they ask the community group.

Re: WILL SUCCEED BE Posted by Singularity - 25 Jan 2017 12:58

will Succeed Beh wrote on 25 Jan 2017 10:59:

Here is a post about how lust in small quantities dosent work for an addict.

I changed my *filter*, on both my computers to a white-list, when i want to change the level of my filter, they need to get a confirmation from my sponsor (via email), i can request websites by myself, and the company checks it if its ok, if not sure they ask the community group.

Nice one. That's a good safeguard.

but as Dov says, your filter's already broken the second you try to break it. Keep in mind.

Re your lust rationing rationale:

How do I know if I lust with my wife? It's too subtle a definition for me. And I'd hate to say I acted out if I had sex with my wife. Maybe if I pushed her to do something she really didn't want to do. Or if she's really tired. I don't know. Please tell me what you mean.

Re: WILL SUCCEED BE Posted by will Succeed Beh - 25 Jan 2017 14:43

Singularity wrote on 25 Jan 2017 12:58:

How do I know if I lust with my wife?

It his hard to know that, and i dont know myself as i just started it now... but should be by being honest with yourself, and if its not enough share it with someone.

And I'd hate to say I acted out if I had sex with my wife. Maybe if I pushed her to do something she really didn't want to do. Or if she's really tired. I don't know. Please tell me what you mean.

It isnt acting out, coz you didnt do anything wrong, but it does feed the lust addiction.

Re: WILL SUCCEED BE Posted by Gevura Shebyesod - 25 Jan 2017 15:34

If I'm focused on the pleasure I'm getting rather than what I'm giving her, then I'm lusting.

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Re: WILL SUCCEED BE Posted by will Succeed Beh - 25 Jan 2017 18:32

Gevura Shebyesod wrote on 25 Jan 2017 15:34:

If I'm focused on the pleasure I'm getting rather than what I'm giving her, then I'm lusting.

True! but Sometimes you can be focused on her pleasure, just for your own lust... that you will be more comfortable, but the real drive is lust, so we need to be really honest - witch is quite hard!

Re: WILL SUCCEED BE Posted by Singularity - 26 Jan 2017 08:34

Not too hard if your wife is a witch.

Re: WILL SUCCEED BE Posted by will Succeed Beh - 26 Feb 2017 11:11

Hi Guys

Just a little update, will be sharing my step 1 today @ the meeting!

to be honest i am nervous but i know i have to do it! i need to go on with the program, that is the only hope for me!!!!!!!!

LOL

Re: WILL SUCCEED BE Posted by Shlomo24 - 26 Feb 2017 14:34

will Succeed Beh wrote on 26 Feb 2017 11:11:

Hi Guys

Just a little update, will be sharing my step 1 today @ the meeting!

to be honest i am nervous but i know i have to do it! i need to go on with the program, that is the only hope for me!!!!!!!!

LOL

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Re: WILL SUCCEED BE Posted by Markz - 26 Feb 2017 14:40

will Succeed Beh wrote on 26 Feb 2017 11:11:

Hi Guys

Just a little update, will be sharing my step 1 today @ the meeting!

to be honest i am nervous but i know i have to do it! i need to go on with the program, that is the only hope for me!!!!!!!!

LOL

Awesome

On with the program

Keep On Trucking!!!!!

Re: WILL SUCCEED BE Posted by Singularity - 27 Feb 2017 10:11

will Succeed Beh wrote on 26 Feb 2017 11:11:

Hi Guys

Just a little update, will be sharing my step 1 today @ the meeting!

to be honest i am nervous but i know i have to do it! i need to go on with the program, that is the only hope for me!!!!!!!!

LOL

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Hatzlocha!

I've delved deeper into my truer step 1. I look forward to sharing that with my meeting, too. I think step 1 evolves the more you know yourself.

6/7

Re: WILL SUCCEED BE Posted by will Succeed Beh - 27 Feb 2017 15:29

guardyoureyes.com/forum/23-Just-Having-Fun/286428-Daily-Quote---Be-Inspired?limit=15&start=435#306956

SO powerfull!!!!!!!!

Thanks GYE.
