

my problem (Masterbation)
Posted by us - 06 Nov 2016 09:52

Hi I am 16 I come from a chasidish family when I was 11 my most of my class found out about sex through a boy whose mother had told him at 13 I found out about masturbation and from that day I have not been able to go a day without it I have tried multiple times to stop and after a week I fall right back down to make the matter worse I have bad hand writing so my school suggested that my parents by me a iPad which they did and before they let me have it they took it to TAG but as everyone knows (obviously not my parents) that there is always a way around these things so I was exposed to alot of stuff I should not have been I am just hoping that there is someone out here that can help with my masturbation problem

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Re: my problem (Masterbation)
Posted by us - 08 Nov 2016 11:41

Believe me I would love to for so many reasons but I'm 16

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Re: my problem (Masterbation)
Posted by us - 08 Nov 2016 11:46

When you have the need to masturbate you can most of the time go speak to your wife and then and times when you can is it not easier to hold off for that week knowing its not that long to go

Let me know if I'm mistaken and just got my imagination messed up as I'm not married and don't know what its realh like

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Re: my problem (Masterbation)
Posted by us - 08 Nov 2016 11:48

Can U please explain as your sort of talking riddles

And why would you have to wait 3 years

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Re: my problam (Masterbation)
Posted by cordnoy - 08 Nov 2016 12:23

[us wrote on 08 Nov 2016 11:46:](#)

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Yes.

You're mistaken.

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Re: my problam (Masterbation)
Posted by cordnoy - 08 Nov 2016 12:25

[us wrote on 08 Nov 2016 11:48:](#)

Can U please explain as your sort of talking riddles

And why would you have to wait 3 years

Because she's not in the mood.

because she is pregnant/nursing.

Because you are pressuring her.

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Re: my problem (Masterbation)

Posted by cordnoy - 08 Nov 2016 12:30

Il said earlier you should speak to someone real.

I will continue this conversation only after that is done.

B'hatzlachah

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Re: my problem (Masterbation)

Posted by Markz - 08 Nov 2016 13:40

[us wrote:](#)

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If I'd tell my wife "I need to masturbate lets go have intimacy" she would say "go to hell"

Many women are softer so although they realize very quickly (often takes 1 year) that the husband is obsessed with sex, instead of saying the above, they say "I'm too tired tonight" for many months or years...

Do you want such a marriage life?

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Re: my problam (Masterbation)

Posted by Markz - 08 Nov 2016 18:05

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2	3
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Re: my problam (Masterbation)

Posted by Watson - 08 Nov 2016 18:29

All this is somewhat moot. ly"H one day you'll be married and you'll see for yourself that it doesn't make it easier to stop masturbating.

In the meantime you're not married. So what's the plan as of now?

Have you read the handbook?

Oh, and please speak to someone as Cords suggested.

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Re: my problam (Masterbation)
Posted by us - 08 Nov 2016 19:39

[cordnoy wrote on 08 Nov 2016 12:23:](#)

[us wrote on 08 Nov 2016 11:46:](#)

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Let me know if I'm mistaken and just got my imagination messed up as I'm not married and don't know what its realh like

Yes.

You're mistaken.

Please enplane and let me know why you think so

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Re: my problam (Masterbation)
Posted by us - 08 Nov 2016 19:40

[cordnoy wrote on 08 Nov 2016 12:30:](#)

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B'hatzlachah

Tell me who

I cant speak to someone face to face

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Re: my problam (Masterbation)

Posted by gibbor120 - 08 Nov 2016 19:59

Sorry if the oilam is being a bit blunt. Our opinions are based on experience. I suppose it is possible that someone who masturbates occasionally can get married and it will help, but someone who obsessivly masturbates daily and cannot stop is another story. It's our story.

Most of us thought that getting married would help. For most of us, it did not. It's not that important why. Being obsessed with sexual arousal has a negative affect on a marriage. I haven't found anyone on this site to say otherwise.

We thought getting married would help, but it just made us more obsessed with sex. We can become demanding in the bedroom or at least pressuring. That is a big turnoff for our wives and can add lots of stress to a marriage.

I hope I have said enough to satisfy you, but at this point it doesn't matter much. I just don't want you to have false hopes that marriage will solve it. I wan't you to be good and sober before then. Please get help, and don't rely on marriage to solve it.

Check out this post from rabbi twerski:

<http://www.guardureyes.com/gue/rtwerski/startDating.asp>

Here is a link to a bunch of his articles/letters:

<http://www.guardureyes.com/gue/rtwerski/rtwerskimain.asp>

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Re: my problem (Masterbation)

Posted by Shlomo24 - 08 Nov 2016 20:47

[us wrote on 08 Nov 2016 19:40:](#)

[cordnoy wrote on 08 Nov 2016 12:30:](#)

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I highly doubt that you can't. You may choose not to, but if you're able to speak then you're able

to speak with a professional. It might be inconvenient, but it's a choice. I hardly ever say the word can't anymore. To take a page out of Cordnoy's book, "Life is all about choices."

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Re: my problem (Masterbation)
Posted by Ploinialmoini - 09 Nov 2016 04:47

Thanks for trying to explain instead of giving a cold shoulder, I definitely gained clarity from the way you put it

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