

Hi

Posted by ojcn732 - 13 Oct 2016 16:38

Hello,

I always turn to the internet (porn sites, live cams, ect) for my problems or just to pass time. I tried numerous times to quit but without luck. I just came across this site recently and decided to give it a try.

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Re: Hi

Posted by Markz - 13 Oct 2016 17:07

Welcome!

I was in the same b

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Re: Hi

Posted by Keepclimbing5 - 13 Oct 2016 17:39

Hello and welcome! First off you are not alone. I've suffered with the same issues for many years. What solutions have you tried. The handbook can be a great place place to start. Read around on the site and see what has worked for others.

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Re: Hi

Posted by ojcn732 - 13 Oct 2016 17:43

Did not use any tactics to stop. My partner loves porn as well but not addicted as i am,
any recommendation?

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Re: Hi

Posted by 360gye - 13 Oct 2016 18:38

Welcome,

Sorry if this is unintelligent, but who is your partner(wife,girlfriend,...)?

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Re: Hi

Posted by ojcn732 - 13 Oct 2016 19:23

How would that make a different as far as the solution goes?

I am not trying to be rude, its my first day on this site!

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Re: Hi

Posted by 360gye - 13 Oct 2016 19:29

I guess not much. /check out the tools on GYE i imagine there'll be something that can solve your
problem. Also, look around the forums, maybe you'll bump into a thread that you can relate to

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Re: Hi

Posted by ojcn732 - 13 Oct 2016 19:40

Thanks much, will do.

Browsing this site makes me want to watch more porn and masturbate, is that normal??

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Re: Hi

Posted by Bigmoish - 13 Oct 2016 19:47

Welcome. In an ideal situation, this forum would be able to help anyone who is seeking it. It is however, slanted towards Orthodox jews and definitely has a strong emphasis on that society and lifestyle. That being the case, you may not find this forum very helpful (though I wish you much success), especially if it apparently exacerbates your problem as well.

Hatzlocha Rabba

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Re: Hi

Posted by ojcn732 - 13 Oct 2016 19:53

I am ultra Orthodox, I learn every morning for several hours and daven every day. And yes I am here because I realize I need help, I do apologize again if I say something I should not. Like I said it is my first day on this site!!

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Re: Hi

Posted by Bigmoish - 13 Oct 2016 19:55

I apologize for the misunderstanding.

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Re: Hi

Posted by ojcn732 - 13 Oct 2016 19:58

No worries at all, like I said I need guidance and REALLY want help!!

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Re: Hi

Posted by Bigmoish - 13 Oct 2016 20:01

Try the FAQ's and the Handbook. Links are in my signature.

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Re: Hi

Posted by Markz - 13 Oct 2016 20:01

I think moish....

No, I'm not Moish and don't know what he was thinking. Maybe call him and ask...

I think I was misunderstanding your post. If you have a male parter regardless of your 'religious affiliation', maybe take your time as you say you need time, and come back tomorrow and let us know your situation

We love to help each other in our disease. But we first need to lift the cloud of confusion here

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Re: Hi

Posted by ojcn732 - 13 Oct 2016 20:08

@Bigmoish, thanks I will do that.

@Markz, Please clarify. Did not get it, thanks.

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