

Introduction

Posted by mabsanonymous - 25 Aug 2016 17:14

Hello there,

I joined GYE about a month ago, with the username Imnotbob. I felt really proud of myself for going 13 days strait clean, but then that all dissipated when I had a fall. I completely lost courage and started falling almost daily from then on. I completely quit GYE after a few days of this. Last night, I got fed up with myself because I broke my 3 day streak, and I decided to get back on GYE. This time I'm going for gold, to completely break my habit!

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Re: Introduction

Posted by Markz - 25 Aug 2016 17:27

You had 3 posts already

I think it's a little silly to change you username, unless you want to come in with your REAL NAME (and even then you don't need to create a new user)

If you're like many guys that recover after being a little open calling someone, as Dov recommends, then we gotta quit changing Anonymous names and going around and around and around in circles

Just my 1 cent

Spin it how you like

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Re: Introduction

Posted by Oichila LoKeil - 25 Aug 2016 18:47

ashrecha that u jumped back onto the wagon of purity! reb tzadok hakohein writes, that just as

we must have emuna in Hashem, so too we must have emuna in OURSELVES! never give up!

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keep fighting- and u will surely prevail

Re: Introduction

Posted by gibbor120 - 29 Aug 2016 18:35

Welcome! Your determination is admirable. Habbits and attitudes don't change overnight. It's a process. Don't get too high when you succeed or too low if you fail. Slow and steady. Learn from the handbook. Learn from people here. I wish you much hatzlacha!

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Re: Introduction

Posted by serenity - 29 Aug 2016 19:05

What habit are you trying to break?

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