First time for reaching out
Posted by willandtonya - 20 Jul 2016 22:35

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First I would like to say I am not Jewish, but what would be described as a Noahide (though I am more committed to Hashem than most). Since I was molested at the age of 7 (by a female), being from a secular home and having no spiritual influence, I have been imprisoned by an often overwhelming burning that affects me mentally and, through the internet and magazines, physically. I have tried, and failed, more times than I could number, but never made it past 14 days. Of course I did this as a loner, which was not helpful at all. I have been very open with my wife about my struggle, and she wishes she could understand, but knows it is not something that I have a desire to practice.

I found this site by looking for the book "Windows of the Soul", of which I saw the ebook. Seeing all of the successful reports gave me great hope, and I am convinced that I was divinely guided the this community. Thank everyone in advance for you care and encouragement.

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Re: First time for reaching out
Posted by Abie - 21 Jul 2016 00:32

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Welcome. Where did you first get acquainted "Windows of the Soul"?

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Re: First time for reaching out
Posted by willandtonya - 21 Jul 2016 00:45

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I have been reading, and just finished for the first time, Sefer Zos Brisi, and I am sure it was either through a reference in the sefer or prompted by it. I cannot remember exactly.

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Re: First time for reaching out
Posted by ben durdayah - 21 Jul 2016 07:22

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Welcome Will!

You are far from the only non-Jew/Noahide on the site.

We are here together, combating our addiction to lust.

Best of luck!

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Re: First time for reaching out
Posted by gibbor120 - 21 Jul 2016 17:46

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Welcome! Read the handbook. Keep posting. Check out the dov quotes link in my signature.

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