

Road to recovery

Posted by mosmas2001 - 19 Jun 2016 23:13

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I'm deeply grateful to gye, if not for them I wouldn't be on the road to recovery. I started masturbate when I was 14, and have had a porn addiction since I was 20 (I'm 31 now) I tried stopping but couldn't do it for more than a week or two. Eventually I found gye and wanted to try the 90 day challenge which I white knuckled while still drinking in lust and lasted for 45 days (this is even though I'm married) after I felt I picked up a sponsor from the website and he suggested that I ask myself if I'm a sex addict, which I did and I am.

due to that conversation I enrolled in SA where I live and picked up a sponsor in my area, as of now I am working the steps and up to step 3.

thank you,

mosmas2001

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Re: Road to recovery

Posted by cordnoy - 20 Jun 2016 07:01

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Great to hear.

Welcome

Continued hatzlachah

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