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my story

Posted by rebyid31 - 25 May 2016 11:14

morei veraboisei

shulem alaichem to all my dear friends

I thank hkb"h for creating such a gevaldige lifesaver - GYE

you won't believe it but I am a big mashgiach who has helped out b"h alot of boys with their struggles....

and would you believe it... HYPOCORISM like none of a kind!! I am struggling myself with watching inappropriate and the outcome...

I am new here and I am so ashamed of myself, going around with the worst feelings possible!! what a crook a fake a fraud!!

I started the 90 day and I am b"h 3 days clean.

please give me chizuk! I am finished!! worthless! if only they knew.....

there is one thing that keeps me a little is the words of chazal kol hagadol mechaveiro yitzro gadol.. maybe hashem wants to show me to humble up a little bit! I don't know but to be able to pour myself here was already a relief. thanks I have much more to say but I can't.. its to hard to...

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Re: my story

Posted by inastruggle - 29 May 2016 16:06

Rebyid, opening up about your story is a great beginning to recovery. Gevaldiggggg.

Now maybe try to plan a bit for the future.

hat will you do to avoid falling?

What filters and gedarim can you put in place?

What will you do when the urge hits? (posting here is a great idea)