

Long story short

Posted by redbear - 12 May 2016 05:37

Hi guys,

I've just joined today, very glad I found this website. I am 28 years old, non-jewish but reason I am here, I am learning about judaism and considering conversion.

I literally just prayed this morning asked Hashem to help me overcome my addiction, later that day I was watching some video by rabbi and then found a link to this website on comments under the video, such a miracle!

Well, little bit about myself. I've been sober from alcohol (my another addiction), smoking and any sort of substances BH for a year and a half now! With AA program. It was a huge change in my life, I accepted Hashem in my life and became more spiritual. And then I found acting out with porn, masturbation, fantasies so much.

All my life I was obsessed with women, guys I have about 50 partners (I can't remember exact number), I went to prostitutes and massage parlors, very humiliating experience, I was spending hours online watching porn and sitting in chat rooms. And feeling shame and guilt after all that. And carrying this secret not telling anyone. But the way of my life and alcohol problems made me not really pay too much attention to that, I kind of accepted it. Until I got sober and looked at all this with sober and spiritual attitude.

I've started to go to SLAA also recently. Didn't help much yet but I am continue going. But I am here now, and I am going to take it seriously.

I want to get married and have a good family, I want to be honest with myself and other people, not hide anything ever!

Hope you guys will accept my to be with you and bless to all of us that our souls truly wants to be free.

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Re: Long story short

Posted by stillgoing - 12 May 2016 20:32

Hi Redbeard, welcome.

You have a truly amazing story

I wish you lots of luck in your work.

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Re: Long story short
Posted by redbeard - 12 May 2016 22:08

I've installed K9 yesterday, can I ask anyone to keep my password and transfer account to your email so I couldn't easily reset the password?

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Re: Long story short
Posted by redbeard - 15 May 2016 05:55

4 Days BH!

If someone willing to talk to me, PM me please!

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Re: Long story short
Posted by BenTorah.BaalHabayis - 16 May 2016 01:15

Welcome Red Beard!

As an alternative to K9 you may want to consider the VCF filter. There's no need for passwords. If you need something opened up you call their support line.

Good luck on your journey!

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Re: Long story short
Posted by redbear - 16 May 2016 17:44

Thanks for all kind words, and to everyone who messaged me in chat! You are doing a right thing!

Well I have 5 days now, which is not so long for me usually, especially when I busy at work, but last two months I was sitting without a job and spend a lot of time alone in my room in front of my computer, so 5 days is pretty good for me lately.

I feel much better! Such a great feeling to be free and not feeling guilt all the time! Can't imagine how it is going to be in a 30 or 90 days!

Also have to say I feel kinda internal tension. May be withdrawal, but I am staying aware of that and don't let myself fall into inappropriate thoughts. Doing good so far BH!

Good luck to everyone!

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Re: Long story short
Posted by inastruggle - 20 May 2016 20:26

Welcome redbear.

KUTGW (keep up the good work)

If you still need someone to help with the filter pasword pm me.

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