

saying hello

Posted by letmesavemymarriage1 - 03 May 2016 03:15

Hi. A little anxious to write. I am a married man with a large family ka"h. I have tried and succeeded many times in overcoming online shtusim. But every few months I fall again. After being exposed by my wife I was finally convinced that I am an addict and need to be part of this group. At first when I was caught I thought there was no hope. Now I realize that it has given me the greatest hope. I hope I can find someone or a group of people who are my age and can help me overcome this for the rest of my life.

=====

Re: saying hello

Posted by Aryeh821 - 03 May 2016 03:25

Welcome stick around and KOT(keep on trucking)

=====

Re: saying hello

Posted by markz - 03 May 2016 03:26

Welcome!

This is the group!!!

Unless you wanna join a email / phone / live group..

We're in the same boat, and All options are on the table!

=====

=====

Re: saying hello
Posted by Shlomo24 - 03 May 2016 04:20

Welcome!

=====

=====

Re: saying hello
Posted by operationgye - 03 May 2016 11:32

Hi friends.. Until i came across this page i never realized this is an addiction.. Now im strictly on fasting.. Its pointless if we cant control ourself. At least challenge our mind. So i took a challenge against my dark side.. And im fighting.

=====

=====

Re: saying hello
Posted by shmulyz19 - 03 May 2016 20:00

letmesave,

It's good that you feel guilty.

feeling remorse is what saves you.

I know it's hard to go cold turkey. I sometimes want to go on watch more. But I know that if I do, I will feel ashamed to even survive.

I know that

you

me

mark

cordnoy

dov

and countless other jews can overcome this struggle.

another thing about po** is that they make it seem enjoyable to make you watch more of it.

this is one thing GYE has taught me.

as cords and dov say. Hatzlacha Chaver.

Shmuly

I wish

=====

Re: saying hello

Posted by cordnoy - 03 May 2016 21:11

Welcome,

How should we know if we are the same age?

Anyway, we wish you hatzlachah.

=====