

I've fallen too far

Posted by Rightkedusha - 08 Feb 2016 10:03

Hi Everybody, I can't sleep. The reason, I've gone way too far. I haven't seen anybody talking about sexual relationships. I've been addicted to social media and porn for a loooong time. But lately entered into territory so bad I feel I can't stay sane without help. I've met up with women and did what I did. I want to STOP. Where can I get chizuk and get onto the right path, to change my bad ways?

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Re: I've fallen too far

Posted by Gevura Shebyesod - 10 Feb 2016 04:37

I think i found your hideout...

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Re: I've fallen too far

Posted by markz - 10 Feb 2016 04:39

Gev' it's appropriate to this thread - yes you have fallen too far

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Re: I've fallen too far

Posted by Shlomo24 - 10 Feb 2016 06:10

They can block whatever you want it to block. Social Media is blocked on my computer (with the exception of LinkedIn which I got whitelisted). Qustodio is a good filter, almost too good if you ask me. But I'd rather too good then not good enough.

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Re: I've fallen too far

Posted by Shlomo24 - 10 Feb 2016 06:14

[Workingguy wrote on Unknown:](#)

[markz wrote on Unknown:](#)

Filter? The reason WG mentioned on 5th post on this page is the best - reduce contact

?I have to disagree with what WG wrote last

"If you're here and your ready to work and are actually committed to change, THAT will stop you from acting out."

Sorry pal. We all tried that till discovering gye. It didn't work

I'm gonna get slammed again for my comment on filter, but here goes

I have a low level lust struggle, and rely some level of restrictions ("good night calendar" absolutely protects me from my wife's treife phone, and Covenant eyes reportin system is a backup I have on my PC's)

When I was lusting and couldn't access a computer, I'd pickup in the middle of the night to purchase porn magazines etc...

RKedusha, I don't believe filtering is what you should be focused on now.

Find what actually works, then add the filter as backup

The filter alone does NOT work for me, and is not the reason for existence of gye

Which is why when you click 'filter' on the gye dropdown it takes you OUT of gye to a different website (the admin will have my head for saying this)

So - get onto cordnoys call in 20 min and take it from there

KEEP ON TRUCKING

Mark

Markz

I actually mostly don't disagree with you. When I said that being committed to change would stop you from acting out, I didn't mean that you can think your way out of this. All I meant is that if you haven't decided for real to quit then no filter will help.

BUT if you DO decide to quit AND do something about it, then you have a shot. I had no intention to just convey that deciding was enough. As I wrote it I realized that it might be taken that way but I was too lazy to add.

In regard to the filter, I don't disagree with you in concept either. You need a plan, an approach, and then the filter helps that and without it it's worthless.

But I still don't understand why you think he should wait to install it. He's going to get it eventually anyway.

For most of my time on GYE, my computer has had monitoring but no filter and I know how to get around some of the monitoring. And now I have a filter for the kids only; I have the password. And this level of deterrent didn't always stop me when I was interested in bypassing it, but it did often enough.

Now that I made a decision that I really had enough, it doesn't really matter that much one way or another. But I would never feel comfortable having wide open internet, bc hats too easy and too readily available to get into trouble.

You are saying something that I resonate with verymuch. If I am willing to be sober then I have a chance, if I am not willing then nothing will stop me at all. The saying goes that god won't keep an addict sober if the addict is still holding on to his addiction. I need to be willing to lose it all and not, "lust like a gentleman", anymore. Some days are better than others in that aspect.

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Re: I've fallen too far
Posted by markz - 10 Feb 2016 13:57

[quote="Gevura Shebyesod" post=277335 date="]I think i found your hideout...

[/quote]

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Re: I've fallen too far
Posted by markz - 10 Feb 2016 13:58

[quote="Gevura Shebyesod" post=277335 date="]I think i found your hideout...

[/quote]

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Re: I've fallen too far
Posted by Rightkedusha - 10 Feb 2016 15:08

Just an update.I installed the qustodio filter which seems like a good one. But I found a loophole the first minute. At least I did some hishtadlus.

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Re: I've fallen too far
Posted by markz - 10 Feb 2016 15:15

I may get banned from gye for sayin this - but Sometimes it's not advisable to listen to people recommending filters

I WANT TO EMPHASISE - UNTIL YOU TAKE ANY OTHER STEPS (see the GPS in my signature)

DO NOT FILTER ANY OF YOUR DEVICES

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Re: I've fallen too far
Posted by Yesod - 10 Feb 2016 15:36

[markz wrote on Unknown:](#)

I may get banned from gye for sayin this - but Sometimes it's not advisable to listen to people recommending filters

I WANT TO EMPHASISE - UNTIL YOU TAKE ANY OTHER STEPS (see the GPS in my signature)

DO NOT FILTER ANY OF YOUR DEVICES

Say wha?

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Re: I've fallen too far
Posted by markz - 10 Feb 2016 15:53

Yesod, sorry I feel strongly about this - filters aren't the fix for everyone

For me?

Filters alone would have kept me in porn world, so I advise based on my experience, and based on the thread (I hope you read from the beginning)

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Re: I've fallen too far
Posted by Yesod - 10 Feb 2016 16:56

Not the fix, i agree

And folks should know that it is just a resistance.

But not a problem either.

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Re: I've fallen too far
Posted by Shlomo24 - 10 Feb 2016 18:11

[markz wrote on Unknown:](#)

I may get banned from gye for sayin this - but Sometimes it's not advisable to listen to people recommending filters

I WANT TO EMPHASISE - UNTIL YOU TAKE ANY OTHER STEPS (see the GPS in my signature)

DO NOT FILTER ANY OF YOUR DEVICES

Frankly, I don't agree, but that's ok. What is the logic behind not filtering?

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Re: I've fallen too far
Posted by Rightkedusha - 10 Feb 2016 18:14

Markz, I get your point. But I think that if I have some blockage to social media, it'll help me while I work on myself.

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Re: I've fallen too far
Posted by eslaasos - 10 Feb 2016 18:16

[Rightkedusha wrote on Unknown:](#)

Just an update. I installed the qustodio filter which seems like a good one. But I found a loophole the first minute. At least I did some hishtadlus.

TAG no longer recommends Qustodio. They recommend Netspark or Livigent for mobile devices.

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