

I'm here!

Posted by GuideMe - 15 Jan 2016 02:50

Hello! i'm from 'Eretz Hakodesh'. i'm almost 18 now, studying in a Yeshiva and i'm struggling with mustabation & porn use on a daily basis.

so... there are probably mistakes in this post...

B'h i'm posting and reading on the hebrew forum for a while now. i even went to a 12 steps group in israel. it was great!

i've tried to stop in the past, but nothing really worked out.

now, i'm starting to believe more and more that i'm suffering from an addiction. and that the 12 steps program is the solution.

My English is not very great, but even if it's not, I need to trust HKB"A to **guide me** to the right place for me.

but i can read & understand pretty good, so i hope it'll be ok
Baruch HaShem I'm now clean for 6 days!

I wish you all Shabbat Shalom and a clean day!

BTW, if there's any hebrew speakers in the crowd - fell free to talk to me!

and make sure you join (if you didn't already...) the [GYE forum in hebrew](#). there's lot of great guys there!

Kol Tuv!

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Re: I'm here!

Posted by markz - 15 Jan 2016 02:54

Welcum

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Re: I'm here!

Posted by GuideMe - 15 Jan 2016 03:07

[markz wrote:](#)

Welcum

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it is 5:07am here and it's a miracle to be here at GYE instead of watching porn all night...

Yasher Koach! ???? ???

Honestly, I do want to watch. but i'm asking Hashem to release me from that will

Congratulations on 90 the days BTW...

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Re: I'm here!

Posted by markz - 15 Jan 2016 03:12

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ODAAT (one day at a time)

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Re: I'm here!

Posted by cordnoy - 15 Jan 2016 04:03

Welcome to the other side.

How are you?

B'hatzlachah in recovery

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Re: I'm here!

Posted by yidtryingharder - 15 Jan 2016 05:55

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Re: I'm here!

Posted by GuideMe - 15 Jan 2016 06:31

Thank you guys for the warm welcome!

B'h i'm feeling good, free. connected.we can't thank HaShem enough... as we say in "Nishmat Kol Chai":

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uh and i'm tired... need to get some sleep...

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Re: I'm here!

Posted by Shlomo24 - 15 Jan 2016 15:11

Welcome! I also joined SA for the first time in Israel. Yasher Koach on joining at a young age. I joined when I was 18 and people used to comment about my age. My response to them is, "I

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Re: I'm here!

Posted by gibbor120 - 15 Jan 2016 19:36

guessed I just went through hell at an earlier age than you"
Welcome! Hatzlacha Rabban! Keep us posted.

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Re: I'm here!

Posted by GuideMe - 16 Jan 2016 19:17

[Shlomo24 wrote:](#)

Welcome! I also joined SA for the first time in Israel. Yasher Koach on joining at a young age. I joined when I was 18 and people used to comment about my age. My response to them is, "I

Shlomo, i didn't went to an SA group. here in israel we have special groups by GYE (AKA ????)
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Re: I'm here!
Posted by Shlomo24 - 17 Jan 2016 01:00

Oh my bad, I went to a GYE conference in Israel though.
But it's nice to know about young guys like me struggling

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Re: I'm here!
Posted by GuideMe - 17 Jan 2016 01:51

[Shlomo24 wrote:](#)

Oh my bad, I went to a GYE conference in Israel though.

Cool. how was it?

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Re: I'm here!
Posted by GuideMe - 24 Jan 2016 12:51

B'h i'm now 15 days clean

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Re: I'm here!

Posted by BenTorah.BaalHabayis - 24 Jan 2016 16:22

Great to hear! Keep going strong!

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Re: I'm here!

Posted by TalmidChaim - 24 Jan 2016 17:36

Welcome! You're in the right place, and have taken the first steps into the larger world of recovery!

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