

getting married

Posted by Getting married - 30 Dec 2015 14:28

Hi my brothers and friends

Im a chasidshe bocher I'm in the mid 20's and I'm struggling with m. since about 8/9 years and from p. the last few years.

I'm tired of falling again and again every time I'm falling its taking me minimum a day or 2 to get back up.

I'm getting married in a few months I have to be on the halfway clean when im standing under the chupa (knowing that its a life fight).

Since I found out from GYE (about 2 months ago) and reading a lot on the forums I saw that marriage is not helping to get rid of the lust problem its only getting worse when I have to start deal with a wife (omg if she will catch me) until I found GYE I thought that the rabbnim (?????) are plain staying that Internet are breaking homes when I started reading the forums I was so shocked (b"h there is fourms were only married man that I'm not able to read it) I'm going to take a inocent girl and I'm going to make her life hell I dont want that for her

I have another problem that I'm watching TV shows I feel I need it after a hard day off working before going to learn and davin (thats against tool #3) I have like 2 hours before going to shul if I will have extra time its will lead to.....

im trying to listen to music and shuirim but not always its inof for me if I will have to stop watch to be clean I will do it like I will do everything

I just started again the 90 days taking it day by day so now I'm at day 1

Since I found GYE and really started to fight against lust I feel I'm fighting it the whole day that means its in the back of my mind the whole day I think its taking away a lot of my head from my job is it normal ????

I have set a stornng taPHSiC fence

I put a filter and web chaver

I made a time to finish reading the GYE HANDBOOK

But I need still a lot of Chizik

Hashem I'm doing what I can now you send your guys (GYE and whoever is willing to help me) to get me out from it

Should hashem help us fight the battle

Getting married

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Re: getting married

Posted by Shlomo24 - 31 Dec 2015 02:57

WELCOME! to start off with a positive, it's good that you are working on yourself now and not once there are marriage implications. it seems like you put in good fences and gedarim, i wish you hatzlacha. you wanted chizuk, well you will definitely get that on these forums. for starters (like i mentioned before) you are here before your marriage started, which is a big plus and also stam that you want to work on yourself is great. many people pretend that it's not a problem or that marriage will fix them or wtvr.

Mazel tov and hatzlocha raba.

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Re: getting married

Posted by Getting married - 31 Dec 2015 04:29

[markz wrote:](#)

You can reply to each separately

Im taking your advice

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Re: getting married

Posted by Getting married - 31 Dec 2015 04:33

[markz wrote:](#)

Mazel Tov!!

Maybe you wanna read this [here](#)

Keep on Trucking!!

I will thanks for being the first one to jump in

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Re: getting married

Posted by Getting married - 31 Dec 2015 04:51

[quote="BenTorah.BaalHabayis" post=272830]from the time I got engaged I found temporary peace and the struggle seemed to magically disappear. I thought I was cured.

I wish i would be able to say that I had been a few days clean after my engagement

I don't think the 90 day tool itself helps directly with lust management,

If you know something please tell me

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Re: getting married

Posted by Getting married - 31 Dec 2015 04:57

[BenTorah.BaalHabayis wrote:](#)

I don't think the 90 day tool itself helps directly with lust management,

I you know something else please tell me

Omein iy"h by you all of shimches

Sorry I wasn't able to reply I'm still learning the system I can't believe it when I was trying to break through my filter I always found a away here when I want to reply the y"h is working hard

Good night

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Re: getting married

Posted by Getting married - 31 Dec 2015 21:01

How are you guys today.

I passed b"h day 1 I'm on the 90 days chart

my day was b"h busy until now from now until the end of the long weekend (monday) I will have to work harder to stay clean will have to find something to keep me busy.

I will not let you down.

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Re: getting married

Posted by BenTorah.BaalHabayis - 31 Dec 2015 22:25

[Getting married wrote:](#)

How are you guys today.

I passed b"h day 1 I'm on the 90 days chart

my day was b"h busy until now from now until the end of the long weekend (monday) I will have

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I will not let you down.

Great start. Why don't you come hang out on the forums over the weekend to keep yourself busy. In addition to adding to your own thread you can read other people's threads and add your comments. I learned a lot from reading the forums and it's also been a great way for me to relax and spend some down time. Just a thought.

Hatzlacha!

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Re: getting married

Posted by Getting married - 31 Dec 2015 23:24

[BenTorah.BaalHabayis wrote:](#)

[Getting married wrote:](#)

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Hatzlacha!

Thanks I will and I'm doing it I'm afraid GYE will have to open a new site for addicts to GYE I'm here every minute when I can

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Re: getting married

Posted by doingtshuva - 01 Jan 2016 00:02

you are not the only one.

you can have a look guardyoureyes.com/forum/1-Break-Free/227769-GYE-Addiction

??? ??? ?????? ????

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Re: getting married

Posted by Getting married - 01 Jan 2016 00:14

[doingtshuva wrote:](#)

you are not the only one.

you can have a look guardyoureyes.com/forum/1-Break-Free/227769-GYE-Addiction

??? ??? ?????? ????

I don't think its a problem I think its like news and thats our news to help another yid is my friend still clean or had fallin (in news the is both good in bad) its better then opening even the news

Omein iy"h by you of simches

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Re: getting married

Posted by Getting married - 01 Jan 2016 17:27

Hi how are you guys

B"h I'm fine the y"h is not thinking to go in my mind he knows he will lose I told him I will be so ashamed to tell you guys that I had a fall so he gave me a break mean while going great

A good shabbos to everyone hope to hear from you

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Re: getting married

Posted by markz - 01 Jan 2016 17:41

[Getting married wrote:](#)

Hi how are you guys

B"h I'm fine the y"h is not thinking to go in my mind he knows he will lose I told him I will be so ashamed to tell you guys that I had a fall so he gave me a break mean while going great

A good shabbos to everyone hope to hear from you

"I will be so ashamed to tell you guys..."

In other words you're relying on other guys

Just don't rely on me, I have too much on my plate already taking care of my eigene boich

I do offer towing assistance however after 3 miles there's a \$99/mile charge (to gye of course)

Have a great Shabbos!!

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Re: getting married

Posted by abe2710 - 02 Jan 2016 16:32

hi getting married

1st of all mazel tov!

quiet similar to baal habayis my lust also went away after my engagement and it came back about a year after i got married. After a while of acting out she basically worked out on her own

what was going on she once even caught me watching porn (you said something like omg if she catches me) as you can imagine that was a real low point of my life i felt like i was was at the bottom of a deep pit filled with trash. b'h things have improved a lot since.

however i would like to drop a cautionary word about the 90 challenge while it is good it does not by itself get rid of lust issues that only comes with healing. you have to find a program (12 steps innate health or something from the GYE handbook ect) that addresses itself to your issue and allows you to heal from your lust problems. as you said in your intro that you realise that marriage doesn't cure lust (let me tell you from personal experience that it really really does not help one drop) nothing helps except for healing the 90 challenge in my opinion can only be used inn conjunction with a program that really heals you from the inside

wishing you much hatzlocha may you be zocha to build a real *mishkan me'at*

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Re: getting married

Posted by Getting married - 03 Jan 2016 00:25

[markz wrote:](#)

"I will be so ashamed to tell you guys..."

In other words you're relying on other guys

Just don't rely on me, I have too much on my plate already taking care of my eigene boich

I do offer towing assistance however after 3 miles there's a \$99/mile charge (to gye of course)

Have a great Shabbos!![/quote]

Good week first of all I'm happy to say that I have another clean day behind me so I'm up to day #3.

Now markz if #1 I understand good the point of the forums it is made to help and relay on one on the other to give chizuk and help if im right #1 fill up you gas tank and start trucking to me to the otehr side of the world hum maybe you are my neighbor #2 you said you have to take care of your "eigene boich" I think start going on a diet you cannot arrive on a call and not been able to take me out from the mud # 3 about the money please put it on my bill

#2 I don't rely on you just I will be so ashamed to fall whe there is guys here who was in the hole
mush dipper then me and came out what will I say when I fall that the y"h is so big you will kill
me

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