

A small introduction....

Posted by committed to change! - 23 Dec 2015 12:21

Hi,

I am living in London with an immense weight on my shoulders. I have been struggling for many years on and off (more on than off though) and it is having a detrimental effect on my relationships (especially that of my wife) and also affects my productivity.

There are several difficulties in life which I am sure everyone has....but they seem to be the rationale when I slip up. Marriage also has its ups and downs and that can often be a cause too including struggling with infertility and finances etc. BH we have one beautiful daughter K'EH who is now turning two and my wife wants to do another cycle which is bound to be another)

With the several cycles we have done previously and the one successful attempt, they were tough, but the pregnancy time itself was a dark period of my life with me doing lots of regrettable (not terrible but far from ideal) things and I am worried about that happening again.

I am looking for support and help through this and to become clean once and for all. Like this we can all live free and have a clear conscience.

Thanks for reading and look forward to winning this fight - and helping others to do so too!

=====
=====

Re: A small introduction....

Posted by Shlomo24 - 25 Dec 2015 13:40
great test for me (as well as her - albeit in different ways!

[committed to change!](#) wrote:

And now we're a day after the disagreement and she's still giving silent treatment and avoiding me touching her or anything. She is pretty good at the whole silent treatment thing and can do it

for a couple of weeks straight although to be fair she has been trying to work on that a little lately.

I laughed when i read this. Even if something is serious there's nothing like humor to lighten the situation.

=====
=====

Re: A small introduction....
Posted by committed to change! - 27 Dec 2015 09:54

You know what they say.... If you don't laugh you'll cry!

[Shlomo24 wrote:](#)

[committed to change! wrote:](#)

And now we're a day after the disagreement and she's still giving silent treatment and avoiding me touching her or anything. She is pretty good at the whole silent treatment thing and can do it for a couple of weeks straight although to be fair she has been trying to work on that a little lately.

I laughed when i read this. Even if something is serious there's nothing like humor to lighten the situation.

=====
=====