

help

Posted by lostchiller - 27 Nov 2015 06:51

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I am writing in bec i now relize wat an addiction is. I started watching porn when a bad friwnd introduced me to it in 8th grade. Slowly i was watching more and more often even though i knew it was detrimental to my soul. Then i found out about gye an i joined the beautiful group of jewish addicts fighting together. But i didnt think i was really addicted. I thought i just continued watching bec i enjoyed it. To prove this to myself i toke upon myself the 90 day challenge. I managed to hold pretty good for about 2 weeks until i NEEDED to watch porn i NEEDED to masturbate. I was scared i saw that the addiction was in me but i didnt know how to stop it. The feeling of helplessness was overwhelming as failed that test now as i look at gye i see not only a group of addicts in i am not part of, i see a group of people who care enough about there lifes to do something and to help other also achieve this goal. Hopefully as i listen more carefully to the gye tips and advice from everyone here i am all other addicts will learn how to heal, forgive, and move on in order to help the future of jews from ever being exposed to this impurity.

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Re: help

Posted by markz - 27 Nov 2015 06:53

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Welcome!

Relax, make yourself at home, everything will be ok!!!!

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Re: help

Posted by cordnoy - 27 Nov 2015 12:36

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Welcome,

What is your one goal, and what is your plan to get there?

B'hatzlachah to you.

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Re: help

Posted by serenity - 27 Nov 2015 13:25

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Welcome to GYE!

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Re: help

Posted by gibbor120 - 27 Nov 2015 14:59

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WELCOME! Keep reading and posting. Check out the handbook and some links in my signature. You are not alone. We are here for you.

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Re: help

Posted by Shlomo24 - 27 Nov 2015 18:50

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WELCOME!

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Re: help

Posted by `Chaim - 27 Nov 2015 19:16

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Welcome and enjoy your stay lol

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Re: help

Posted by SimonConfused - 27 Nov 2015 22:52

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Welcome!

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Re: help

Posted by Shlomo24 - 30 Nov 2015 20:15

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[9494 wrote:](#)

Welcome to the forums...!

(Btw - love the user name)

ya #maskim

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Re: help

Posted by pischoshelmachat - 01 Dec 2015 17:04

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Welcome Reb Chiller.

We are all trying to chill down our Y"H and staying calm and Chilled is the best solution. So, if I may say, you are the solution!! Welcome.

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