

Happy to be part of this :)

Posted by SimonConfused - 19 Nov 2015 21:50

Hello guys, I hope this finds you well and that you are all working hard every day. It is my pleasure to sign up to this website and talk to any of you. I am a young man struggling with a strong porn addiction. I have not dated yet, but I want to soon and I hear of all these crazy stories...I need help from any of you. Just last night I even met up with a girl and paid for a sexual act...this has to stop...please any advice would be appreciated...

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Re: Happy to be part of this :)

Posted by waydown - 19 Nov 2015 22:06

Welcome Shimon,

I am a newbie myself so I can't offer much help. But you should know if I were single there is a good chance that I'd be in your shoes too. (Yes the fear of messing up my marriage, wife & kids have held me back from sites like those) So yesod #1 don't get depressed or down about it this is our nishayn.

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Re: Happy to be part of this :)

Posted by SimonConfused - 19 Nov 2015 22:10

thank you very much newbie I appreciate that...I always would tell myself that once I get married, then I won't watch porn anymore...I guess that isn't true... :/

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Re: Happy to be part of this :)

Posted by serenity - 19 Nov 2015 22:15

Welcome chaver! How is your life outside of your porn and prostitution?

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Re: Happy to be part of this :)

Posted by SimonConfused - 19 Nov 2015 22:21

Hi Serenity! It is okay, I went to yeshiva for a couple of years and now I am working and going to college. I learn a few hours a day with a couple of chavrusas and daven etc...the issue is when I come home at night or just get in the mood...its a continuous cycle

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Re: Happy to be part of this :)

Posted by cordnoy - 19 Nov 2015 22:21

Welcome,

Look around.

Make yourself comfy.

Lots of good ideas here.

B'hatzlachah

Work it, for you're worth it!

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Re: Happy to be part of this :)

Posted by markz - 19 Nov 2015 22:50

[SimonConfused wrote:](#)

Hi Serenity! It is okay, I went to yeshiva for a couple of years and now I am working and going to college. I learn a few hours a day with a couple of chavrusas and daven etc...the issue is when I come home at night or just get in the mood...its a continuous cycle

As one of the guys on the forum say - how does it go? I forgot

i think it's something like 'Get off the bicycle and get on your 18 wheeler TRUCK

I may be misquoting / misrepresenting - but who cares, Dov will forgive me

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Re: Happy to be part of this :)

Posted by serenity - 20 Nov 2015 03:31

[SimonConfused wrote:](#)

Hi Serenity! It is okay, I went to yeshiva for a couple of years and now I am working and going to college. I learn a few hours a day with a couple of chavrusas and daven etc...the issue is when I come home at night or just get in the mood...its a continuous cycle

I can really relate a lot to that. That's pretty much where I was over 20 years ago. My life was over all pretty manageable, but I had this compulsion I couldn't stop. I pray that Hashem opens your heart and send you healing now.

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Re: Happy to be part of this :)

Posted by Shlomo24 - 20 Nov 2015 03:39

I relate to your feelings Simon. I am 20 years old, in yeshiva and I might start college soon. I have had anonymous sex and masturbated consistently for most of my life. A lot of porn and phone sex also. There is hope. I have been doing really well as of late and life feels so much better. I realized that lust is my solution not my problem. I resort to it when life gets shi(ahem!)y.

One thing that has helped me is realize that I have a disease, I am sick getting better. I am not a bad person, and Hashem still and always has loved me unconditionally.

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Re: Happy to be part of this :)
Posted by markz - 20 Nov 2015 04:30

[Shlomo wrote:](#)

Hashem loves me unconditionally

We love you too

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Re: Happy to be part of this :)
Posted by Changing - 20 Nov 2015 08:35

Welcome!! You have come to the right place!!...

Hope you have much success I'm getting over this.... But let me tell you : marriage changes nothing!!!! It only makes it worse bc you still act out and expect it from your wife too... From my experience, work on this now before you start dating. I wish I would have.....

Hatzlocho

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Re: Happy to be part of this :)
Posted by `Chaim - 20 Nov 2015 18:50

Hey! Welcome to the club where confused people come in and many people gain clarity. Take a look around the sight for life saving (literally) advise and look inside yourself as well because I Realized that everyone needs their tailored derech for this issue. However, one yisod applies to everyone: DON'T GIVE UP. It might sound a little cliché, but its application and meaning is huge. You should be b'hazlacha and one day give others clarity (I need some!) on this sickness.

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Re: Happy to be part of this :)

Posted by SimonConfused - 20 Nov 2015 23:10

Shlomo - you have a very good point about it being a solution...I can understand that...We both have to work on this especially before marriage because it will eat us alive...I need eitzah about what to do before I begin dating and I really need to know what the sex life during marriage is all about because there are so many crazy stories. I think my expectations of marriage is truly not what it is...maybe a married man can private message me so we can discuss what marriage is so I get a strong clarity...thank you and good shabbos!

Thanks to the other who have been responding as well, I appreciate it.

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Re: Happy to be part of this :)

Posted by gibbor120 - 23 Nov 2015 15:21

Welcome! Read the handbook. Keep posting. Check out some of the links in my signature, especially dov quotes.

Don't worry about marriage now. Work on recovery.

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Re: Happy to be part of this :)

Posted by SimonConfused - 24 Nov 2015 01:51

Thank you I will do that but I want to have a private chat with someone who is married that can teach me what marriage is truly about. Thank you!

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