

My Story - Thank Gd

Posted by Markz - 17 Sep 2015 00:27

Hi guys!

(Please see my share lower down at end of page 1)

I've been wondering if people with weak communication skills as I have are more vulnerable to the lure of pornography (See [this link](#) for example), and if unique non-standard steps would be suggested for us to get out of S* addiction.

BH I have a great job, kids...

I also have a good therapist, but have been hesitant to ask about this yet.

I'd love to hear feedback from anyone familiar with the topic. ZemirosShabbos? You mentioned it some time back [HERE](#)

Thanks

Mark

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Re: My Story / Asperger

Posted by peloni almoni - 27 Mar 2016 01:31

?? that is what it always means

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Re: My Story / Asperger

Posted by markz - 27 Mar 2016 01:59

www.hebrewbooks.org/pdfpager.aspx?req=48327&st=&pgnum=34

See the last line

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Re: My Story / Asperger

Posted by peloni almoni - 27 Mar 2016 02:32

[markz wrote on 27 Mar 2016 01:59:](#)

www.hebrewbooks.org/pdfpager.aspx?req=48327&st=&pgnum=34

See the last line

unnecessary. but thanks all the same.

i would show my hakaras hatov to mark by wearing this:

Warning: Spoiler!

Warning: Spoiler!

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Re: My Story / Asperger
Posted by cordnoy - 27 Mar 2016 03:38

I thought it might have a different meanin', but the only place in Shas (I think, but then again, i haven't been battin' too good lately, and especially on this thread) is Brachos 26, where there it clearly means to daven, and with Mark's mareh makom as well, I will put this baby to rest. I always liked the vort. Thank you

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Re: My Story / Asperger
Posted by peloni almoni - 27 Mar 2016 04:00

[cordnoy wrote on 27 Mar 2016 03:38:](#)

I thought it might have a different meanin', but the only place in Shas (I think, but then again, i haven't been battin' too good lately, and especially on this thread) is Brachos 26, where there it clearly means to daven, and with Mark's mareh makom as well, I will put this baby to rest. I always liked the vort. Thank you

brachos 13, 17, 26, 27, 28, 29, 30

bava basra 10b

yoma 53b

nidda 14a

erubin 65a

rosh hashana 35a

sota 33a

chagiga 11b

suka 41b

shabbos 30b

moed katan 28a

taanis 13b

kesuvos 67b

... i am sure there are others.

CORDS!!!! i missed you soooo much. it's good to be back.

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Re: My Story / Asperger

Posted by peloni almoni - 27 Mar 2016 04:05

oh i forgot brachos 6b and 7a.

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Re: My Story / Asperger

Posted by cordnoy - 27 Mar 2016 04:11

I was referrin' to ????? ??????

Perhaps some of your places say that as well, but not in the four that i checked.

sounds like you're excited though; that's good.

We're glad to have you back.

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Re: My Story / Asperger
Posted by markz - 27 Mar 2016 04:13

I don't know if you want to stay too long on this thread, my amiretus ??????? may rub off on you

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Re: My Story / Asperger
Posted by peloni almoni - 27 Mar 2016 04:20

[cordnoy wrote on 27 Mar 2016 04:11:](#)

I was referrin' to ???? ?????.

thank god. you had me scared.

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Re: My Story / Asperger
Posted by markz - 30 Mar 2016 16:47

[**Guys - here's why I appreciate the.guard's forum and YOU!**](#)

When I started gye ????? more than half a year ago I asked the following question **"I've been wondering if people with mild aspergers are more vulnerable to the lure of pornography"**

I quoted from "Asperger Syndrome and Sexuality".

The gist of that article was that lust can be caused from the aspect of relationship, where aspie young adults are often immature (although they may be interested in sex and dating at the same time as their peers).

The guard sent me a great parenting handbook. Yesterday I found something interesting there (pg 20)

"Researchers describe four pre-existing conditions that put an individual at high risk for getting into trouble on the Internet.

- 1- They are lack of family bonds;*
- 2- low self-esteem;*
- 3- inability to express opinions and questions;*
- 4- inability to socialize"*

If this is true, it puts all Aspergers that often have all 4 conditions, in a very tough predicament - high risk for getting into trouble on the Internet

I want to focus on the last point and quote rabbi keleman from further in that Handbook

4. Inability to Socialize:

Data indicate that many who turn to the internet for pornography or social contact do so because they consistently fail to succeed socially in their own world. First, there are the socially inept. These are individuals who never mastered how to get along with others. When they were young, they often studied straight through recess or preferred playing computer games or doing other solitary activities. In some cases, they wanted to play with everyone else but were excluded. In their pre-teens or even earlier, these children were joining the ranks of the "at-risk" for later internet involvement."

OTR quoted yesterday the following that

"The opposite of addiction is not sobriety.

The opposite of addiction is connection.

And our whole society, the engine of our society, is geared towards making us connect with things not people"

'gettingcloser' said correctly on page 1 that "Aspergers do care about relationships". But they lack social skills and therefore are often without close friends, as I experienced. I have many relatives, but none close.

Today I feel a close friendship with many guys on guardyoureyes without mentioning all the countless ??????!

Even with you Dov, who can't believe that an anonymous relationship for someone on gye is considered a real relationship (as it is for me)

I feel that this could be a Major part of my sobriety - **the.guard** took my "inability to socialize" and created a socializing forum, which it alone could be why my lust overdrive has crashed.

It's still spluttering - relax, ok?

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Re: My Story / Asperger
Posted by Shlomo24 - 30 Mar 2016 20:02

Wow, that is a really good point. I never thought of that. Are you this social "in the real world", because you do seem to have the skills...

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Re: My Story / Asperger

Posted by eslaasos - 30 Mar 2016 20:06

Mark, great point. Maybe this new skill can be transferred to face-to-face relationships as well? I know nothing about Asperger's so I may be off-base, but just speaking from my experience, I have found that I learnt new skills in the safe anonymity of the forum which I have then been able to apply in real life as well.

Think how life would be if you weren't addicted to GYE...less fun for everyone else, of course.

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Re: My Story / NON Asperger

Posted by markz - 03 Apr 2016 23:17

I have formerly handed in my resignation from the league of Aspies

I HAVE GRADUATED

I have morphed into a regular Neurotypical guy on the street

See ye all later

Warning: Spoiler!

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Re: My Story / Asperger
Posted by Yesod - 03 Apr 2016 23:30

Prove it

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