

My Story - Thank Gd

Posted by Markz - 17 Sep 2015 00:27

---

Hi guys!

(Please see my share lower down at end of page 1)

I've been wondering if people with weak communication skills as I have are more vulnerable to the lure of pornography (See [this link](#) for example), and if unique non-standard steps would be suggested for us to get out of S\* addiction.

BH I have a great job, kids...

I also have a good therapist, but have been hesitant to ask about this yet.

I'd love to hear feedback from anyone familiar with the topic. ZemiroShabbos? You mentioned it some time back [HERE](#)

Thanks

Mark

=====

Re: My Story / Asperger

Posted by peloni almoni - 04 Apr 2016 00:41

---

[Yesod wrote on 03 Apr 2016 23:30:](#)

Prove it

=====

Re: My Story / NON Asperger

Posted by markz - 04 Apr 2016 00:42

---

[peloni almoni wrote:](#)

[markz wrote:](#)

I have formerly handed in my resignation from the league of Aspies

I HAVE GRADUATED

I have morphed into a regular Neurotypical guy on the street

See ye all later

**Warning: Spoiler!**

i saw this coming a mile away

you know, mark, remind me never to become enemies with you. because you do not forgive and

forget easy.

=====

Re: My Story / Asperger

Posted by Shlomo24 - 04 Apr 2016 07:13

---

What actually happened mark?

=====

Re: My Story / Asperger

Posted by markz - 08 Apr 2016 13:57

---

Slow down!!!!!!!!!!

That Bar is for sharing among ALL my friends here

**OBAAT!**

=====

====

Re: My Story / Asperger

Posted by markz - 08 Apr 2016 14:04

---

Why is my day count on 90?

I wanted to share what I dscs'd this morning on the chat with Guideme, which verified my thought process, and feel free to respond to this post if you like

---

[GuideMe](#): BTW, why is always says your'e on 90 days?

**Me**: I didn't update it 150 days ago, cos i like constantly gettin Mazel tovs

[GuideMe](#): Mazel tov mark!!!

**Me**: Real reason?

**Me**: I have a feeling when newcomers see someone is on 2500 days (as there are some great guys like that here), they think - oh cool, he doesn't struggle, I'll talk to someone else, and I want them to be comfortable talking to me [ed. stupid idea]

[GuideMe](#): It's an interesting thought

**Me**: Debatable...

[GuideMe](#): i think it's also sacry. talk to a guy with billion days

**Me**: Why

[GuideMe](#): cuz it's like: oh, he dosen't care about me - he is so importent.

**Me**: You're not explaining it right. What bothers you?

[GuideMe](#): i guess it's hard for me to fully express myself in English

**Me**: Write it in Spanish ?? ?????? - ??? ??????? ?????

[GuideMe](#): ?? ?????? ??? ?????? 🍷

???? ??, ??? ?????? ???. ?? ???? "???" ?????? ?????i can't just call him and say "Hi! my mom pissed me off so i need to talk to someone"

**Me:** ??? ??? ?????? ????? ??

[GuideMe](#): but Dov is super nice guy . sure, but still. it's Probably lack of self confidence or something

**Me:** I hear you a little...

=====

Re: My Story / Asperger

Posted by Gevura Shebyesod - 08 Apr 2016 14:05

---

=====

Re: My Story / NON Asperger

Posted by peloni almoni - 10 Apr 2016 22:58

---

[markz wrote on 03 Apr 2016 23:17:](#)

Mazel Tov!!!!

I have formerly handed in my resignation from the league of Aspies

I HAVE GRADUATED

I have morphed into a regular Neurotypical guy on the street

See ye all later

**Warning: Spoiler!**

you monster!!! you broke this poor girl's heart!

=====

Re: My Story / NON Asperger

Posted by markz - 10 Apr 2016 23:01

---

That was my therapist last week

Stupid woman - didn't wanna give me a release letter

im being serious - I showed her that post and she laughed it off, so you almost got it right

=====

Re: My Story / Asperger

Posted by stillgoing - 11 Apr 2016 14:18

---

[markz wrote on 08 Apr 2016 14:04:](#)

Why is my day count on 90?

I wanted to share what I dscs'd this morning on the chat with Guideme, which verified my thought process, and feel free to respond to this post if you like

---

[GuideMe](#): BTW, why is always says your'e on 90 days?

**Me**: I didn't update it 150 days ago, cos i like constantly gettin Mazel tovs

[GuideMe](#): Mazel tov mark!!!

**Me**: Real reason?

**Me**: I have a feeling when newcomers see someone is on 2500 days (as there are some great guys like that here), they think - oh cool, he doesn't struggle, I'll talk to someone else, and I want them to be comfortable talking to me [ed. stupid idea]

[GuideMe](#): It's an interesting thought

**Me**: Debatable...

[GuideMe](#): i think it's also sacry. talk to a guy with billion days

**Me**: Why

[GuideMe](#): cuz it's like: oh, he dosen't care about me - he is so importent.

**Me**: You're not explaining it right. What bothers you?

[GuideMe](#): i guess it's hard for me to fully express myself in English

**Me**: Write it in Spanish ?? ????? - ??? ??????? ?????

[GuideMe](#): ?? ?????? ??? ?????? 🍷

???? ??, ??? ?????? ???. ?? ????? "???" ?????? ???i can't just call him and say "Hi! my mom pissed me off so i need to talk to someone"

**Me**: ??? ??? ?????? ????? ??

[GuideMe](#): but Dov is super nice guy 🍷. sure, but still. it's Probably lack of self confidence or something

**Me**: I hear you a little...

Mazel tov!!!

I actually think that GM makes a lot of sense. It Can be intimidating. Sure people are nice, but many of us feel so stupid and ashamed at ourselves after a fall, we don't know how we gave in Again, and we imagine that everyone else will judge us for it. Only someone else suffering from the same insane cravings can really understand. Now, it's true that many people with high clean counts still understand or feel those struggles, but when those high numbers are staring you in the face, you kindof feel that they are beyond all that garbage and are on to bigger and

better things.

=====  
=====

Re: My Story / Asperger

Posted by markz - 11 Apr 2016 14:42

---

And I think you may not fully appreciate "One day at a time", because that's all the big truckers have

## **NOTHING MORE THAN ONE DAY**

Theres a famous AA saying

""The man I once was drank, The man I once was will drink again."

Therefore I ask please - the man amongst us that has been reborn entirely after 90 with no lust "attacks", would he kindly step forward please...

=====  
=====

Re: My Story / Asperger

Posted by stillgoing - 11 Apr 2016 15:19

---

[the wrote on 11 Apr 2016 14:42:](#)

And I think you may not fully appreciate "One day at a time", because that's all the big truckers have

## **NOTHING MORE THAN ONE DAY**



Theres a famous AA saying

""The man I once was drank, The man I once was will drink again."

Therefore I ask please - the man amongst us that has been reborn entirely after 90 with no lust "attacks", would he kindly step forward please...

True, however you're jumping to tbe extreme. "*the man amongst us that has been reborn entirely after 90 with no lust "attacks",*" no one is reborn again, but i think most will say h

=====

Re: My Story / Asperger

Posted by stillgoing - 11 Apr 2016 15:30

---

[markz wrote on 11 Apr 2016 14:42:](#)

And I think you may not fully appreciate "One day at a time", because that's all the big truckers have

## **NOTHING MORE THAN ONE DAY**

Theres a famous AA saying

""The man I once was drank, The man I once was will drink again."

Therefore I ask please - the man amongst us that has been reborn entirely after 90 with no lust "attacks", would he kindly step forward please...

True, however you're jumping to tbe extreme. "*...the man amongst us that has been reborn entirely after 90 with no lust "attacks",...*" no one is reborn again, but i think most will say that things do get easier with time. Not sayn that the cravings are weaker, but we get more used to controlling our day to remain clean. When you're not always slipping to the edge, the falls with all of the struggles move further back in the mind.

Odaat is great for planning ahead, but i don't see how it's helpful lookin back.

=====  
=====

Re: My Story / Asperger

Posted by abie - 18 Apr 2016 07:14

---

[Bigmoish wrote on 27 Jan 2016 20:04:](#)

Somehow, it gets "sick" with viruses less often if we don't use it for porn...

????? ?????

ah virus kimt fin avayress..? ??????? ???? ??? ???????

=====  
=====

Re: My Story / Asperger

Posted by cordnoy - 28 Apr 2016 03:48

---

Why don't you just read 'em first, and then decide how and if you're gonna blog about the 'dumb'

parts?

=====  
=====

Re: My Story (Mild Asperger)

Posted by markz - 28 Apr 2016 12:05

---

[cordnoy wrote on 28 Apr 2016 03:48:](#)

Why don't you just read 'em first, and then decide how and if you're gonna blog about the 'dumb' parts?

As PA said

I don't understand either, but that's the way I am...

The 'dumb' parts was primarily re; the handbook, but if there's any in the whitebook, I'd note them too

**Take for example the current dropdown that predominantly features "Taphsic"**

I guess the dropdown order was based on the level of the sexaholic struggle (as per the [Initial](#)

[Evaluation](#) page)?, but I have yet to hear of substantial **long-term** success with it

1 or 2 users is great, but not reason to give it much weight

IMHO, the impression that some member get from GYE regarding Taphsic, is misleading

Gye 'policy' is 'live and let live', i.e. Put tools out there, and let people try them, and if they don't work move to the next.

BUT they think the following "*If gye recommended it, it must be a viable tool, so i'll try it, and try it, and try it again*"

Little do they know that it's only recommended to a very very very small segment of the population

Therefore I believe it can be offered as an option, but without all the great pomp and fanfare, and should be moved off the dropdown

If there's a mark-able **long-term** taphsic success rate (5%+), Ill be the first happy member to hear

=====