

New

Posted by carpediem - 15 Sep 2015 21:22

Hi

Ktiva vechatima tova to every1

I had an uplifting chagm thought a lot about my problem.

I have been clean only for a week, no 'fails' but a lot of dirty machshavot, with other women, with 'porn women'... I'm so afraid I'll fail again...

I have deleted all porn from computer, blocked access to porn sites, but still many machshavot.

I need my wife's help but am embarassed to ask

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Re: to sum up the discussion until now

Posted by waydown - 18 Sep 2015 14:58

If you cut & paste your lust from porn into your wife then you are correct its wrong.

But if you rechannel some of that lust and instead of watching porn you mix your "itch" with love then yes I think its a step in the right direction.

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Re: New

Posted by pischoshelmachat - 18 Sep 2015 16:29

The intimacy with my wife that is based on love delivers pleasure in a totally different galaxy than that of artificial porn. When I am not doing well, there is little pleasure in my intimacy but when I am sober and not allowing my mind to be hijacked by shmutz, I feel the deep connection with my wife making the intimacy an out of this galaxy experience because it is a connection on 3 levels, emotional, spiritual and physical. I feel the RBS"O smiling at us and resting in our midst.

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Re: New
Posted by waydown - 18 Sep 2015 17:47

pischoshelmachat,

I am just trying to view it in my eyes. What about if its not intimacy admist porn. But rather I have an itch and while I channel it in a loving manner, I statsify my itch during intimacy. I totally agree viewing it as artifical porn is bad. But how about viewing it as eating dinner with ones wife. I eat for my needs but I try to make it a friendly unselfish atmosphere complimneting my wife for her cooking in the process.

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Re: New
Posted by Shlomo24 - 18 Sep 2015 18:07

we have already hacked carpediem's thread enough. let's move the convos elsewhere.

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Re: New
Posted by cordnoy - 20 Sep 2015 04:46

[waydown wrote:](#)

pischoshelmachat,

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Give

Give

Give

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Re: New
Posted by waydown - 21 Sep 2015 00:40

Yup I give & give my kids from my own supper too. Even though they ate already but when taty eats they always want from his plate. For some reason when its on taty's plate it tastes so much better than that same supper that my wife begged them five times over to eat. So I give while I satsify myself as well.

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Re: New
Posted by carpediem - 08 Oct 2015 16:50

Thank you for all your comments. I think I didnt explain myself properly. I do enjoy a superior conection with my wife which I dont with anyone else, she is not simply, she is NOT the way to 'calm' my lust. I was wondering if I should tell her how hard it is for me to fight this war and that I need her support & help to fight

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Re: New

Posted by markz - 08 Oct 2015 16:53

My friend, Checkout the discussion on the [Baalei Batim](#) post

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