

feeling great

Posted by dontevergivein@gmail.com - 19 Jul 2015 16:45

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its been 10 days now that i am clean bh.

i believe a lot of that has to do with the 12 step phone conferences that i have been attending.

i feel so much happier and able to connect with people...something the addiction was preventing me from..

i am in no way shape or form recovered...recovery is a long ongoing process that must always be paid attention to...one day at a time...

but i must say that i finally believe that i have tasted a bit of freedom, i see some light at the end of the tunnel..i have gained confidence and self esteem...

thank you guard your eyes for this...i would be completely lost and unaware without you guys

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Re: feeling great

Posted by abd297 - 19 Jul 2015 16:57

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You seem to be in a good direction. Keep doing whatever works for you for as long as you can. Great milestone.

I would also be completely and utterly lost without GYE and those who post here. KOP

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Re: feeling great

Posted by AlexEliezer - 19 Jul 2015 17:08

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[attachment:1]C:\fakepath\dontevergivein.docx[/attachment]

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Re: feeling great

Posted by AlexEliezer - 19 Jul 2015 18:48

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Glad you found your way to sobriety.

Wishing you much success in your journey to the real you.

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Re: feeling great

Posted by serenity - 20 Jul 2015 04:04

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I'm glad the calls are working out for you. Give me a shout out on the call.

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Re: feeling great

Posted by serenity - 23 Jul 2015 03:59

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and +Karma

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