

the yetzer hora keeps beating me

Posted by ataglance12345 - 02 Jul 2015 15:45

First time poster...So here is my issue. I have run out of any ability to stop the following behavior: I will go to a bar. First mistake. Then I will drink too much. Then I will start flirting with women. Then I will sometimes go to a dance club from the bar. Then I will pay for services...all types. I have also been known to sometimes have had actual relations with these woman as well, sometimes quasi-prostitutes other times just loose women that I meet at a bar. Then I usually will go to a nearby restaurant and eat everything on the menu that is not kosher. Last night I had a bacon cheeseburger, french fries, pancakes and steak and eggs. Then I go home and go to bed. The next day I will feel horrible, beg Hashem for forgiveness, maybe go to the mikvah to make myself feel clean, and then stop for a week or two. Then I will go to a bar, and the whole thing starts over again. Oh, and let's not forget that I will access pornographic sites as well and sometimes finish myself that way. Talk about a yetzer hora. I am not sure what else I could be doing that is worse. I am a Shomer Shabbos Jew. Obviously, I know that what I m doing is terribly terribly wrong, but I cannot seem to stop. Even when I stop for months at a time, I still go back to this behavior. And it is getting worse. Just as an aside, when I am sober, I do not engage in any of this behavior, but am a good Jew, learning and davening, keeping kosher etc. I always seem to drink to drunkenness at the bar as well. Binge drinking they call it. I do not drink at all during the day and can actually go weeks without a drink. Obviously, I feel like a horrible hypocrite. On a "postive " note, I have never had a long term affair with another woman, only one time sexual trysts. Of course, I often fantasize about having long term affairs with my coworkers or people I meet. I am a basket case, living a double life, and fully aware of the spiritual damage I am doing to myself and my family. I keep praying to Hashem not to punish my family on account of my sins, as that is my worst fear. I also find myself wishing that I was dead after these incidents, but have only thought about it and said it to myself, I have never attempted to take my own life, but it scares me that I could if I get so low. Oh, and lets not forget how many times I have driven while drunk, clearly breaking the law. I always pray to Hashem to get me home safely and not let me be pulled over and arrested while driving drunk. How is that for scary stuff. So, what am I? Alcoholic, sex addicted, or just a creep with a nasty Yetzer Hora that he can't control. G-d, writing this down and actually seeing it on paper scares the daylights out of me. Help! What should I do?

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Re: the yetzer hora keeps beating me

Posted by ataglance12345 - 02 Jun 2016 15:24

Thank you for your advice. I just reached out to him. Dov that is. I am scared as h-ll to talk to a real person. Why is that? Probably because I can no longer live in denial of my very real and very dangerous problems. Alcohol and women.

Okay, let's do this to quote Home Depot again as someone did above.

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Re: the yetzer hora keeps beating me
Posted by Eyeglasses - 02 Jun 2016 16:04

Welcome back, be positive, you'll make it iyh.

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Re: the yetzer hora keeps beating me
Posted by Dov - 02 Jun 2016 16:29

[ataglance12345 wrote on 02 Jun 2016 15:24:](#)

Thank you for your advice. I just reached out to him. Dov that is. I am scared as h-ll to talk to a real person. Why is that? Probably because I can no longer live in denial of my very real and very dangerous problems. Alcohol and women.

Okay, let's do this to quote Home Depot again as someone did above.

Take a peek in 'search' (or peek in Gibbor120's footer for the link to my stuff that way, if you prefer) and read my post called "Captain Kirk" if you want a possible explanation of the thing you are sharing about so well.

Hatzlocha

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Re: the yetzer hora keeps beating me
Posted by gibbor120 - 14 Jun 2016 17:50

you called ?

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Re: the yetzer hora keeps beating me
Posted by YeshivaGuy - 25 Jan 2021 15:56

[gibbor120 wrote on 14 Jun 2016 17:50:](#)

you called ?

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