

Starting up

Posted by abd297 - 23 Jun 2015 20:04

Hi, I'm just starting up on the site. I'm in yeshiva and have been struggling with masturbation for many years. I am very overwhelmed trying to navigate through all of the site's resources. I'm not really sure where to go after signing up. I just want to get involved with everything I can and get all the help possible.

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Re: Starting up

Posted by Birshusi - 03 Jun 2016 19:38

[abd297 wrote on 25 May 2016 03:40:](#)

I don't have time to elaborate now, but I wanted to tell everyone that I spoke to my rebbi today. We went out for coffee and spoke for for an hour and a half about my struggles with masturbation and innappropriate materials. He was so understanding and knowledgable. I truly enjoyed speaking with him and look forward to follow up hopefully next week. So much to talk about.

Wow good for you. I'm jealous, being that I haven't worked up the courage to speak to my rebbi yet.

I also had a week full of slips, and it was after two weeks of not being on GYE. I can only come on once a week also, and last week I was feeling pretty good, so I didn't bother. It looks like that was a mistake.

I will try to remember your uncles name for the Mi Shebeirach on Shabbos.

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Re: Starting up

Posted by markz - 03 Jun 2016 20:15

Don't bother, you'll overhear your chavrusa tell the Gabbai the name for the Misheberach, and you'll say "Hey I recognize you from somewhere"

Just kidding you know

Good Shabbos GYEs

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Re: Starting up
Posted by abd297 - 07 Jun 2016 03:04

We added a name. Meir Refoel Shimon Ben Bluma Roiza.

Was away for a wedding these few days. Did well considering the lax situation at the wedding. Completely exhausted and overwhelmed. Back to yeshiva really early in the morning.

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Re: Starting up
Posted by abd297 - 09 Jun 2016 21:39

My uncle passed away, Baruch Dayan Haemes. Funeral tomorrow. Running around like crazy between the wedding, funeral, yeshiva, Shavuos.

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Re: Starting up
Posted by Abie - 10 Jun 2016 01:04

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Re: Starting up
Posted by yiraishamaim - 10 Jun 2016 03:59

Please keep in mind any emotionally challenging time demands a little extra precaution from acting out.

Re: Starting up
Posted by realsimcha - 10 Jun 2016 13:56

Re: Starting up
Posted by skeptical - 10 Jun 2016 14:55

Re: Starting up
Posted by Birshusi - 10 Jun 2016 21:22

Baruch Dayan HaEmes.

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Re: Starting up

Posted by abd297 - 17 Jun 2016 17:58

Been doing ok lately. Had some strong urges and fantasies recently too. I've been getting much more time to speak with my rebbi about yeshiva and stuff. We still need to do a follow up about our conversation about my lust and masturbation. Doing optional summer zman which is for 1st half. Not sure about 2nd half yet. Should be fun.

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Re: Starting up

Posted by inastruggle - 23 Jun 2016 04:59

I love updates full of good news.

KOT!

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Re: Starting up

Posted by abd297 - 26 Jun 2016 14:38

Going back for summer zman tomorrow. Had 2 wet dreams over the weekend so I'm feeling the urges more often and stronger. Really stressed out about finding a job for 2nd half. It'll be really bad to just be home with nothing to do.

I'm kind of waking up now and realizing that I'm not young and have no idea what to do with my life. I really don't want to be in school for the next 4 to 8 years. I'm trying to find shorter programs geared towards job placement but I'm coming up a little short. Really stressed about that. My father isn't too crazy about it. People around me don't know anything about me. Just listening to them saying, "you wouldn't like this" or "you don't want to do that", makes me frustrated. Just because all of my relatives went to school for many years and got high power high paying jobs doesn't mean anything for me. My father said that I'll probably need at least a bachelors degree for most things. He also spent a ton of years in school.

I'm realizing that time is running out. I'm almost 20 and have no job or experience. I don't know what my parents assumed my plan was or wanted it to be but I have nothing now.

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Re: Starting up
Posted by abd297 - 30 Jun 2016 02:41

I hit 90 days again. I'm really not focusing on it. I don't want to fall into the "I can never fall now" thinking.

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Re: Starting up
Posted by shmishachaim - 30 Jun 2016 02:47

[abd297 wrote:](#)

I hit 90 days again. I'm really not focusing on it. I don't want to fall into the "I can never fall now" thinking.

Good thinking!

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