

Starting up

Posted by abd297 - 23 Jun 2015 20:04

Hi, I'm just starting up on the site. I'm in yeshiva and have been struggling with masturbation for many years. I am very overwhelmed trying to navigate through all of the site's resources. I'm not really sure where to go after signing up. I just want to get involved with everything I can and get all the help possible.

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Re: Starting up

Posted by abd297 - 01 May 2016 23:34

Is it bad that a 19 year old looks forward to being in their presence and tries to impress them and get attention from them?

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Re: Starting up

Posted by markz - 02 May 2016 00:18

[abd297 wrote on 01 May 2016 23:34:](#)

Is it bad that a 19 year old looks forward to being in their presence and tries to impress them and get attention from them?

unprofessional opinion?

My answer is yes

What impression do you get if you'd see this on YWN?

Latest news

Roles Reversed

Rebetzins are giving daily 1on1 chizuk to bachurim

Rebeim are giving daily 1on1 chizuk to teen girls

Warning: Spoiler!

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Re: Starting up

Posted by Birshusi - 02 May 2016 00:36

[abd297 wrote on 01 May 2016 23:25:](#)

I'm not even talking about talking to girls my age at gatherings or whatever. I'm usually dealing with getting comforting feelings from women like hostesses, friends of my parents, and wives of rabbeim.

[abd297 wrote on 01 May 2016 23:34:](#)

Is it bad that a 19 year old looks forward to being in their presence and tries to impress them and get attention from them?

I have the exact same feelings as you do abd297. Good to know it's not just me.

It does bother me that I have those feelings, because it's pretty awkward to feel attracted to a woman twice your age, let alone the fact that she's married to your rebbi, but I don't think it's bad. If we were able to have those same interactions with girls our age, we would choose that, no?

But since we can't because of our society, we try to find it as much as we can elsewhere. Some rebbetzins schmooze it up with the bochurim, or at least try to be welcoming to us when we are in their homes, so it's only natural to feel that warmth and enjoy it. And part of enjoying it means getting caught up in it a little, the same way you only enjoy watching a football game if it's exciting for you to watch and you can get involved. Now if you are really going out of your way to make an impression, and that's all you can think about the entire time you're there, then maybe it is an issue; I don't know, I'm new at this.

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Re: Starting up
Posted by Birshusi - 02 May 2016 00:40

[markz wrote on 02 May 2016 00:18:](#)

[abd297 wrote on 01 May 2016 23:34:](#)

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My answer is yes

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You might find it interesting that my Bais Yaakov sisters tell me that they like their Rabbeim better than their female teachers. I don't think it's only boys that like connecting to the opposite gender...

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Re: Starting up
Posted by abd297 - 02 May 2016 01:39

A little drastic going from sitting around a table and enjoying company to what you mentioned.

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Re: Starting up

Posted by Shlomo24 - 02 May 2016 08:51

Desiring attention from the opposite sex is completely natural and normal. It's a need. There's a reason why the family unit has a mom and dad, although some left-wingers, (not talking about hockey), may argue differently. But even within that, I have seen/listened to many programs about gays and lesbians and I recall a lot of them saying they feel that attention from both genders are important. However, I think that every person has to know when they are going into unhealthy areas. I know many a lovely rebbetzin, and looking forward to seeing them is fine, I believe. However, I think that if I'm deliberately trying to impress them then it's a problem. I think that you should maybe think why you have a desire to impress them ab. I have gone to therapy about this and I came up with some pretty good guidelines for myself. I know in my case it has a lot to do with my parents and my SSA. (Speaking of which ab, you mentioned your SSA thread, I couldn't find it, can you post the link?)

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Re: Starting up
Posted by abd297 - 02 May 2016 13:53

I have no idea how to post a link to it but it's called "Some Questions" . It was active last summer.

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Re: Starting up
Posted by Gevura Shebyesod - 02 May 2016 15:18

<https://guardyoureyes.com/forum/43-SSA-Forum/257994-Some-Questions>

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Re: Starting up
Posted by Shlomo24 - 02 May 2016 16:02

Thanks ya'll. I read it. Cool. Not strange. Good job sharing it.

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Re: Starting up
Posted by thanks613 - 02 May 2016 17:46

Are we talking about feeling good when a Rebetzin gives us attention? Or feeling attracted to a Rebbi's wife?

For me, one touches on my own emotional need, which might reflect insecurity and other things, but is not sexual really. The other could be misguided lust.

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Re: Starting up
Posted by inastruggle - 04 May 2016 16:24

I was thinking about this a bit.

First of all, a question for the married guys. I notice that almost everyone in this discussion is single. Does this particular issue get easier with marriage?

Second, having a conversation with a female neighbor would be considered pretty assur in certain communities.

Third, I don't think it's a society thing that makes people like talking to them I think it's almost completely physical.

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Re: Starting up
Posted by Birshusi - 04 May 2016 16:55

[inastruggle wrote on 04 May 2016 16:24:](#)

I was thinking about this a bit.

Second, having a conversation with a female neighbor would be considered pretty assur in certain communities.

Third, I don't think it's a society thing that makes people like talking to them I think it's almost completely physical.

In terms of my neighbor, I wasn't clear what the situation is. She's probably about forty years old and has a number of kids ka"h, the oldest being over bar mitzvah. Is it still assur? Remember, she stopped me on my way to shul; I have no shaychus to her.

In regards to the rebbetzin issue, I agree that the actual attraction is physical, but I think it's so important to me and so impactful for me when it happens only because I can't get that anywhere else. If I had a real relationship with a girl my age, even if I did have that feeling from an older married women also, I don't think it would really matter to me as much as it does currently. It feels like a breath of fresh air; a rare, forbidden treat. (I'm exaggerating the obsession just a little to bring out the point.)

Make sense?

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Re: Starting up
Posted by realsimcha - 04 May 2016 21:15

[inastruggle wrote on 04 May 2016 16:24:](#)

I was thinking about this a bit.

First of all, a question for the married guys. I notice that almost everyone in this discussion is single. Does this particular issue get easier with marriage?

Hmmmm.....never noticed that. Maybe it does get a bit easier. But I am afraid that the real reason is that it is much more accepted for married men to talk to women so firstly, it is not as shocking and risque. and also, it is not as noticeable. But what goes on in our heads ... I dont think is all that different.

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Re: Starting up
Posted by inastruggle - 04 May 2016 22:26

@birshusi I think it changes things if she's 40. I usually won't say anything unnecessary to a girl but someone who can be my mother I'm a lot more lenient with. I do know what you mean about the warmth.

@markz All my rabbeim's wives aren't exactly attractive so I never really had that issue.

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