

Help needed

Posted by 6545 - 22 Jun 2015 19:43

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Hi I'm officially very frum married with children, had some tough times before I got married but once I got married I was totally clean clean for 2 years until some incident and since then I went totally down meaning boel eishes ish and nidahs unfortunately to say from the nicest frumest families too and even cool women who have open minded husbands are still looking out there now I'm struggling and trying to get back to who I was for my first two years instead of the past 3 but as long as I'm not clean it's hard to fight cause even if I tell them I wanna be clean they say ok they understand me but the next day I get a call or a text I need you I miss you etc and one that lives on my block and knows my schedule is everyday in front of my house when I come home from work winking and smiling and then I fall back I explained it to those who chase me they understand but still won't let go.

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Re: Help needed

Posted by pischoshelmachat - 29 Jun 2015 15:20

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We are with you Bro6545!

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Re: Help needed

Posted by serenity - 29 Jun 2015 17:21

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I'm here

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Re: Help needed

Posted by 6545 - 02 Jul 2015 13:49

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**DAY #10!**

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Re: Help needed  
Posted by belmont4175 - 02 Jul 2015 20:57

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Great bro!

keep on trucking One Day At A Time, may your journey be crowned with success.

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Re: Help needed  
Posted by Hatzileini Na - 03 Jul 2015 00:01

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[6545 wrote:](#)

**DAY #10!**

Fantastic!

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Re: Help needed  
Posted by dd - 05 Jul 2015 14:37

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[6545 wrote:](#)

**DAY #10!**

(Pidaini are you here?) YOXX!!!

KOMT!!!!

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Re: Help needed  
Posted by TriggerMeNot88 - 05 Jul 2015 22:41

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Nice!!! Please keep sharing. Especially the good news!

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Re: Help needed  
Posted by ataglance12345 - 06 Jul 2015 16:49

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Wow, that is some heavy heavy issues. I just read through the whole post. I too have jsut started posting and came "out" with a very troubling habit as well. As one who has similar issues, I truly feel for you. Just want to know that your posts helped me, to read them, and that it sounds like you are making some serious progress towards stopping your stuff. May Hashem help you in your struggle. We we all succeed in our struggles and achieve complete success.

What separates us from the rest of the world is that we know these are aveiros that need to be stopped, we feel guilty about them, and are taking steps to change our lives.

Me K'amcha Yisroel.

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Re: Help needed  
Posted by ataglance12345 - 06 Jul 2015 16:57

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I agree. This will not go unrevealed. honestly, women are not stupid, in fact they are very smart. I would venture to say that unless your wife is totally and completely naive, she knows something is going on, she just probably has no idea of the seriousness of it. And the fact that you are carrying on with a neighbor who is friends with your wife, man, that is stressful stuff for anyone to deal with. You must be dying from the stress. Look, I can imagine how hard it is to resist when these women are literally throwing themselves at you. Obviously, the women you

are carrying on with have issues as well, as or more serious than yours. Sounds like in the later threads that you have broken off all contact, that is a great thing. Kepp strong achi, and daven for strength and forgiveness. Hashem will come thorough for you if you want and let him. Thank you for opening up on the forum, it helped me tremendously to see othgers struggling with many of the same issues...

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Re: Help needed  
Posted by serenity - 06 Jul 2015 17:45

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I just want to let you know that there are many religious people in SA (and I'm sure not in SA) who are not Jewish and view this as a sin.

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Re: Help needed  
Posted by belmont4175 - 22 Jul 2015 19:19

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[6545 wrote:](#)

**DAY #10!**

Hi brother, how are you doing? Share with us your success, we all care for you and hope you are still trucking along, KOMT - KOP.

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Re: Help needed  
Posted by 6545 - 22 Jul 2015 19:31

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Hey bro you asked on the right day I'm still staying strong today is day #30 sober sober sobh hashem should forgive me for my coast and give me strength for my future

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Re: Help needed  
Posted by belmont4175 - 22 Jul 2015 21:46

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Brother we are amazed and proud of you, may you have the strength to continue being sober for your entire life.

Chazak VeEmatz!

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Re: Help needed  
Posted by 6545 - 23 Jul 2015 03:50

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Thank you and all of you for supporting me I wouldn't be able to pull it through without the push and without others saying it's impossible both were my help and strength what an amazing family my the zechis stand for you and your family and all of klal yisroel and hashem should already put an end to all our struggles

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