

**SOBRIETY**

Posted by yiraishamaim - 04 May 2015 03:35

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I am so deliriously happy with reaching 180 days!

I remember reading a post a short time ago of a member here who is also a Ba'al Koreh in shul. He said that when he read Shir Hashirim in shul he got quite emotional. I really relate to that. It shows how low we really became with these actions and the stark difference between that and kedusha is major. That sudden realization brings on tears of joy!!!

I used to get so down when I read "VELO SASOOROO ACHAREI LEVASVCHEM VEACHAREI AYNAYCHEM ASHER ATEM ZONIM ACHAREIHEM" - now I beam with pride that I am on the right road. I used to not look at people in the eyes. I thought they probably can see I have P\_\_\_\_ eyes. Even though I learned Torah and had weeks or more of stretches when I did not indulge in the forbidden. Now I have no problem looking at people. No insecurity in that regard

I am so much more relaxed. I can multi-task easier. If I have stretches of time alone I do not have a sudden zombie robotic slave-like urge to do something filthy and stupid.

I am thrilled beyond thrilled.

I love and appreciate all participants in the forum. If you love someone you wish them the best.

I WISH YOU SOBRIETY ( Can you think of something better?)

May we all get sober AND STAY THAT WAY so we can be the true YIRASHAMAIM and AVDEI HASHEM that we were born to be.

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Re: SOBRIETY

Posted by SIB101854 - 15 Jun 2015 02:16

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Most chasanim and kallos , and their parents, have special kavanos as they get ready to walk

down the aisle and start building a Bayis Neeman BYisrael. I also will have kavanos that I can remain Tahor and will think of all of you are on this wonderful site not just during the walk to the chupah but throughout the simcha.

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Re: SOBRIETY

Posted by cordnoy - 15 Jun 2015 02:40

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[yiraishamaim wrote:](#)

I stand by my original post "I wish I could invite you..."

In my situation taking EVERYONE and EVERYTHING into account at this time, I believe it beat to keep my anonymity. Perhaps this will change in the future.

It appears from the posts "most" of you understand this.

We all do not have the same situation etc.

There has been no lack of honesty here or anywhere on my posts.

T'was just a joke. ...oilam too serious here. ...don't worry so much

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Re: SOBRIETY

Posted by yiraishamaim - 15 Jun 2015 02:47

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My fault - should have realized. The written word and its lack of reflective tone can sometimes

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Will try to be for med zechus more  
Re: SOBRIETY  
Posted by cordnoy - 15 Jun 2015 03:03

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each night, everyone should drink one woodford, one macallan 18 and one heineken, and this way, they will be yotzei for some gye simcha.

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Re: SOBRIETY  
Posted by yiraishamaim - 15 Jun 2015 03:42

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Bottoms up!

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Re: SOBRIETY  
Posted by yiraishamaim - 17 Jun 2015 05:15

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just had a couple of slips.

I read over my testimonial of 180 days and it got me back on track. It was close however.

Haven't been like this in months - YIKES!

Only by the grace of the Almighty did I not fall.

I need to learn more. I believe it is that change that would help me.

Just needed to say this and vent.

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Re: SOBRIETY  
Posted by TalmidChaim - 17 Jun 2015 12:23

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Nice work! I'm always inspired by people who stay clean despite the slips! Thank you!

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Re: SOBRIETY  
Posted by serenity - 17 Jun 2015 14:45

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Thanks for sharing and being honest!

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Re: SOBRIETY  
Posted by yiraishamaim - 17 Jun 2015 15:14

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serenity - if I am not honest then there is no point.

Also its healthy for me to know I gotta keep on my toes  
and continue to learn and grow.

I am very busy and I take for granted what I see I have no business taking for granted

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Re: SOBRIETY

Posted by yiraishamaim - 17 Jun 2015 15:16

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[TalmidChaim wrote:](#)

Nice work! I'm always inspired by people who stay clean despite the slips! Thank you!

TalmidChaim - thank you for taking something that was gnawing away at me, and making it a positive and motivational experience. (lemons into lemonade)

You guys are G-d sent.

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Re: SOBRIETY

Posted by stillgoing - 21 Jun 2015 22:06

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**pischoshelmachat**

I feel the same way. I feel so close to all my dear friends here and would love them at my simcha. Then maybe you are my brother, cousin, mechiten, or even son in law and really are at my simcha

All of your talk of my (future) son-in-law, or (present) father-in-law could be here on gye? And he  
All of us here are striving to grow and  
that's nothing at all to be ashamed of, yet some of my past mistakes... well, they can be a little  
mean.

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Re: SOBRIETY

Posted by cordnoy - 22 Jun 2015 02:42

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[stillgoing wrote:](#)

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All of us here are striving to grow and  
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mean.

might even be YOU, is starting to get me a little nervous.

embarrassing if you know what I

TZ anyone?

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Re: SOBRIETY  
Posted by TalmidChaim - 22 Jun 2015 04:58

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[yiraishamaim wrote:](#)

[TalmidChaim wrote:](#)

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Re: SOBRIETY  
Posted by yiraishamaim - 23 Jun 2015 02:34

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I have not seen any posts from Shmeichel for a long time. Does anyone know why?

I miss him. I tried contacting him by e-mail but did not receive a response.

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Re: SOBRIETY  
Posted by yiraishamaim - 28 Jun 2015 19:45

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[stillgoing wrote:](#)  
Right back at ya

**pischoshelmachat**

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All of your talk of my (future) son-in-law, or (present) father-in-law could be here on gye? And he  
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embarrassing if you know what I

stillgoing you are doing so well. Please focus on your own words "... yet some of my **past** mistakes..."

Be'ezras Hashem they will remain behind you. So as you continue living a life of Sobriety and meaning the old past mistakes change from being items of shame to medals of honor and distinction.

Because of how you CHOSE to deal with these mistakes you have elevated both yourself and so many others as well.

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