

new and appreciative

Posted by becausewhynot - 01 May 2015 15:52

Hello there superheroes

I can't say I have an addiction, I know I fail a lot. It does not take over my life. But still, it is wrong. I have learned to stop feeling self-destructive and super guilty about it. Guilty, but not self-alienating.

I've found that having a positive attitude about it, along with staying away from triggers helps. I've started the 90 day thing and I'm looking forward to being successful. I appreciate the chizuk. I hope this site is going to give me the extra push to completely stop the nearly impossible. **I want everyone to realize that doing what we are doing is completely unnatural and therefore amazing in Hashem's eyes.**

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Re: new and appreciative

Posted by Bigmoish - 01 May 2015 16:02

Welcome!

How do you think this site is going to give you a push?

Hint:

Warning: Spoiler!

Stick around, learn new ideas, meet the chevra

Warning: Spoiler!

Kol Tuv

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Re: new and appreciative

Posted by gibbor120 - 01 May 2015 16:48

WELCOME! Take a look at the handbook for more ideas, and of course keep posting here and connect with the chevra.

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