

Finish this nonesence

Posted by helpme - 20 Mar 2015 21:31

Hello,

I am helpme I am 17 years old.

when I was 8 years old I have been started to watch porn, and masterbate.

and it makes me feel not alive anymore.

so I came to here to try to stop this nonesence.

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Re: Finish this nonesence

Posted by serenity - 20 Mar 2015 22:01

Welcome to GYE! Sounds like you may be ready to stop struggling and start living! There are a lot of tools on this site, use them!

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Re: Finish this nonesence

Posted by Palti-Yossef - 21 Mar 2015 20:00

thank you for reading this

Chavua Tov and welcome in your new home !

Posting here is a huge step and you'll soon see the results b'H !

What helped me at very beginning here : read forum, handbook, and register to h'izuk mail !
Write your story, your struggles, your tryings is also very effective !

You'll see lot of people here to help you in hard times !

Hoping to hear good news from you and h'azak for posting here, it's the beginning of a new life

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Re: Finish this nonesence
Posted by cordnoy - 22 Mar 2015 02:45

Welcome

Are you able to speak to someone you trust?

b'hatzlachah

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Re: Finish this nonesence
Posted by dd - 22 Mar 2015 12:54

Welcome Help!!!

And indeed help is on its way if you let it in. So make yourself at home and post away.

Wishing you Hatzlachah Rabba!!!

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Re: Finish this nonesence
Posted by gibbor120 - 23 Mar 2015 16:36

Welcome and thanks for sharing! We are her for you. Keep posting.

