

Hi Everyone

Posted by guardy - 18 Feb 2015 15:54

Just wanted to say hi. Is difficult for me to even say hello, seems like there's a barrier for me to get over to open up to a forum even under an anonymous name. BH, I guess this is step 1.

Just began the 90 day chart today.

I'm an optimistic person, but when it comes to this, after almost 30 years, I'm not expecting much. But I have seen mirzcles in the past in life, so let's hope. I have told myself 30 days, eventhough longest I can ever remember is 2 weeks and that was years ago.

Anyway, enough about me. Keep up the good work. Everyone who is on this site has to be among the righteous.

Thanks

Guardy

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Re: Hi Everyone

Posted by cordnoy - 18 Feb 2015 16:12

Welcome...especially to another "30-year" guy.

Thanks for the initial share.

Stick around and you'll be amazed.

b'hatzlachah

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Re: Hi Everyone

Posted by Hashivalisesonyishecho - 18 Feb 2015 16:19

This is the place!

Many people who have struggled for years and felt that there is no way out, have actually done well here.

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Re: Hi Everyone

Posted by long breaths long days - 18 Feb 2015 17:31

As cordnoy has pointed out, and as is reiterated in many places on the site, you're not alone. Which would suggest this is the right place. Welcome!

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Re: Hi Everyone

Posted by dd - 18 Feb 2015 21:39

Welcome!!!

Its great to have you here with us and keep your spirits high!!!

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Re: Hi Everyone

Posted by Drew - 18 Feb 2015 23:22

Welcome to the GYE community! The human spirit has always been achieving what we had thought was once "impossible". We only need to believe in Hashem, and let him take over the

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Re: Hi Everyone

Posted by yiraishamaim - 19 Feb 2015 00:04

struggle realizing that it's not in our hands. I wish you success in your journey!!!

I am in my 50's. I acted out quite a bit until I was married. Then I became much frumer - learned a ton and was off for about 15 years. Then we got a computer and for 16-17 years I have not been the same. There is so much of my story I have not shared and I want to. I hope to at a later date.

But my friend look how many days I am clean. Don't get me wrong its all a miracle and a present from Hashem. I take no credit for myself. However GYE and my buddies here are clearly Hashem's Shelichim for helping me. I am proud to say that I am attempting to help others as they have done for me.

Join the club and never look back. Here you will achieve everlasting success.

I am am excited for you!

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Re: Hi Everyone

Posted by YSW - 19 Feb 2015 04:01

So have I

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Re: Hi Everyone

Posted by guardy - 19 Feb 2015 09:10

Wow! Was not expecting to see 7 posts! Thank you all.

You want the challenge?

Guardy

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Re: Hi Everyone

Posted by gibbor120 - 19 Feb 2015 17:41

Welcome! Mazal tov on taking the first step and opening up a bit. I can't claim 30 years of acting out, but over 20 years. I'm B"H 5 1/2 years sober now, and I could not have done it without GYE. Good luck YSW. I'll dare you to see who can keep this up longer

Read the handbook. Post. Reach out to others that know what you are going through. Many have been in your position and are sober today.

Hatzlacha Rabbah!

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Re: Hi Everyone

Posted by yiraishamaim - 19 Feb 2015 18:25

Just knowing you have been sober for so long gives me strength.

Thank you

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Re: Hi Everyone

Posted by YSW - 20 Feb 2015 03:54

Your on Guardy

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Re: Hi Everyone

Posted by serenity - 20 Feb 2015 03:58

Welcome home! And welcome to the 30 year club. I'm in the same ball park. I hope to join you in the 30 years of sobriety club some day! One day at a time!

Hatzlacha !!!!

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Re: Hi Everyone

Posted by shimshon26 - 27 Feb 2015 04:16

Hey welcome to you!

do not worry about the time it doesnt matter the most important thing is that you're fighting and trying to get out of it!

just think that you're opening a new period in your life...

if that would be a bew business that would increase your income by ten you would never say

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Re: Hi Everyone

Posted by lcheirus - 27 Feb 2015 10:35

I find it so inspiring to know that addicts have been clean for **years**. Amazing. Kol hakavod, and thank you for the inspiration

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