

addicted to failure

Posted by 8th day - 10 Feb 2015 04:23

this emoticon does not totally expres my utter shock and awe after reading the mask in the mirror. R' Elya REALLY captured my feelings right now. I am addicted to failure! I did not know that about myself until now.

the power of words...

thank you all for putting this project together, and thanks for all the support

8th day

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Re: addicted to failure

Posted by cordnoy - 10 Feb 2015 16:20

Welcome,

Your road in recovery should be blessed with hatzlachah.

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Re: addicted to failure

Posted by unanumun - 10 Feb 2015 17:29

Addicted to failure? As in that is what you take pleasure in?

Perhaps it is not an addiction, just a lack of honesty to what you are really capable of?

If you take an honest look at where you are actually holding in the different parts of your life and build your expectations accordingly, then every "failure" can be seen for the successful small step forward that it is.

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Re: addicted to failure

Posted by neshamaincharge - 11 Feb 2015 03:22

[8th day wrote:](#)

: the mask in the mirror. R' Elya REALLY captured my feelings

8th day

Where would I find this?

Thanks

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Re: addicted to failure

Posted by Gevura Shebyesod - 11 Feb 2015 03:40

It's been excerpted in the chizuk emails lately.

You can download the whole thing here: <https://guardyoureyes.com/ebooks/item/mask-in-the-mirror>

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Re: addicted to failure

Posted by 8th day - 11 Feb 2015 04:11

well my addiction is similar to those being focused on in this site, it's just that when I fight off the y"h for a while, I eventually feel a tremendous urge to act out again even though I know clearly that it's wrong. That, however just gives my y"h a sudden surge of energy to entice me to act out again. thus failing in my goals. Hence, the name of this y"h is addiction to failure. My Rebbe said that just knowing the name of the y"h gives you so much co'ach to fight it.

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Re: addicted to failure

Posted by serenity - 11 Feb 2015 04:42

Addicted to failure is a deep insight. Concerning "it's just that when I fight off the y"n for a while, I eventually feel a tremendous urge to act out again" read Dov's article entitled Nuclear Reset Button.

Hatzlacha!!!

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Re: addicted to failure

Posted by 8th day - 24 Feb 2015 04:35

Am I missing something? Serenity advised me to read Dov's article called The nuclear reset button. Now please correct me for I must be wrong, but as crazy as this may sound, it seems

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Re: addicted to failure

Posted by cordnoy - 24 Feb 2015 10:02

What Dov is sayin' (I think) is that the nuclear reset button is one that us addicts are/were constantly usin'. He is not suggestin' that people should do that - he is simply statin' the facts as he has seen them with himself and with hundreds of others. We, obviously, need to figure out how to stop that vicious cycle. you wanted to identify the y"n (although I personally would not subscribe to that view of yours), so serenity pointed out what he thought might be goin' on with you.

b'hatzlachah in recovery (and especially with breakin' that 'nuclear restet button' syndrome - if that indeed is what you are into).

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Re: addicted to failure

Posted by serenity - 25 Feb 2015 03:08

. It's what Avrom (cordnoy) is saying. Dov is describing what people are going through who are not approaching recovery in a successful manner.

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Yes you are