Reset 90 days
Posted by LEARNING - 23 Jan 2015 06:36

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Is there a way to completly reset my 90 day chart. I messed up bad and want a fresh start. I have not put in a lot of falls. Thanks

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Re: Reset 90 days
Posted by shomer bro - 23 Jan 2015 07:19

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Is it necessary? Why not just do the simple reset and focus on moving forward? Take it one day at a time, and KOMT!

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Re: Reset 90 days
Posted by yidtryingharder - 23 Jan 2015 07:57

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even if you fell you still don't lose progress

just dust off and focus on the moment ahead

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Re: Reset 90 days
Posted by LEARNING - 23 Jan 2015 08:40

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How can I do the simple reset?

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Re: Reset 90 days
Posted by yidtryingharder - 23 Jan 2015 20:19

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on the 90 day page there is a choice im still clean or I fell chose fell and add in the new start date ?????

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