

From tragedy to redemption

Posted by Hashivalisesonyishecho - 08 Jan 2015 10:00

I am a middle aged person, highly talented, but leider unaccomplished. I seem to have some strengths but not the strength and the resolve to do what it takes to use my talents to be what I can be. I have had lot's of tzaros in my life which have gotten the better of me and eventually removed me from my learning and my general Ruchnius success. I was not omed benisoyon. I am ashamed of myself. On the outside I still seem like a basically Choshever person but nobody knows what I really am. When I was a Bochur and a young yungerman, everybody was sure I would turn out to be one of the Gedolim. That hasn't happened(yet). I would never tell anyone of my worst failings, but this failing of me not succeeding to fulfill my potential is known. I guess people may have long ago forgotten what was supposed to become of me but looking at me now they see nothing but an empty wasted soul. I haven't forgotten the original plan and somewhere deep down I still hope Hashem will give me back my neshama. My Boosha is maybe a good thing in a way because it keeps things from getting more out of hand. But it makes it impossible for me to get the support and encouragement that might help me do what I should. Maybe I could get the support here. I am middle aged but my mind knows that it isn't too late. I need my heart to know it too.

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Re: From tragedy to redemption

Posted by gibbor120 - 12 Aug 2015 17:59

check out the "dov quotes" link in my signature. Dov is sometimes misunderstood as being critical. He is really nothing of the sort. He is just has lots of experience with hundreds of addicts including himself! He tries to help clarify some of the common mistakes and confusion. Sometimes, the water gets muddier rather than clearer. Dov can be hard to decipher sometimes.

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Re: From tragedy to redemption

Posted by jack - 12 Aug 2015 18:45

do u know what he means here? please tell. why are my words here the nuclear reset button? and besides, i dont mind being criticized, if truth will come out.and besides again, i met dov.for what he's doing he should get the nobel prize for...well, if it doesnt exist yet, they should invent one just for him.

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Re: From tragedy to redemption
Posted by gibbor120 - 12 Aug 2015 20:03

I'm not sure why he referred you to the nuclear reset button post.

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Re: From tragedy to redemption
Posted by jack - 12 Aug 2015 20:28

some might ask - does it really matter if it's religion-based or not? and i say it certainly does - because that will determine how we treat it.if the 12 steps is asking us to pray to G-d, and offer the serenity prayer at the end, which is a plea to G-d, then I say if they are bringing G-d into recovery, they feel it is a religios (ok, spiritual) issue.and i say that's good.why does the founder of this website always say to us - 'get closer to Hashem'? isn't that religious? it might not have STARTED with rebelling against Hashem, but i'm not talking about how it started.none of the strugglers on this forum, I am absolutely convinced, started their addiction to rebel against Hashem. maybe this is what you mean when you say it's not a religious issue.but NOW, when we are trying to recover, way back then they incredibly understood that you MUST bring G-d into your recovery.there's no other way.like i said above, you need the group support from humans in the same boat, but that doesn't mean we remove G-d from the picture.

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Re: From tragedy to redemption
Posted by newaction - 12 Aug 2015 20:38

It was rebelling because of my parents,my friends,my wife , my lot in life , my money (or lack of it),my health , my kids , my in-laws, the IRS in short yes it was REBELLING AGAINST HASHEM ; plain and honest.

And about what you are delving now (i am not so sure), in a very generalist definition, religion(mitzvos) we do with our body , spirituality with our mind (or ?????? ??????).

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Re: From tragedy to redemption
Posted by shlomo613 - 12 Aug 2015 21:07

[quote="newaction" post=261510][Hashivalisesonyishecho wrote:](#)

[Dov] is the prototype of the sexaholic that hit rock bottom , really hard,and through real honesty and willingness embraced Sexaholics Anonymous two decades ago and is doing the program of twelve steps ??????? ???? at its purest.

Sometimes many of us either are not addicts to sex-lust or we are but try to circumvent the real honest way to do it because it takes a lot of guts from us to do it right. The first question we have to ask ourselves is "can we live in a manageable way" or "is my life manageable". Can i live a day, a week,a month without the threat that lures behind my back that i will "act out". Can i dont act out?

If i can then my life is manageable. if i can not, not act out, then my life is UNMANAGEABLE.

The first of the 12 steps says "We admitted we were powerless over alcohol or lust or sex or porn or M or etc.,- we admitted that our lives were UNMANAGEABLE."

So the 12 steps were designed for people whose lives are UNMANAGEABLE. I could not live my entire life without recurring to M.And without the need to gaze at woman or fantasize about them. That is where my life was NOT MANAGEABLE so i needed to do the 12 steps. Do i go to live meetings ? No . Is that good ? i am not sure . Do i want to go ? Yes. Am i afraid to go ? You bet i am . Am in danger of falling ? Yes i am . If i would go to live meetings , do i reduce the chances to fall ? Definitely !!. I would not in your place make a fuss about Dov's style of talking. I would pay attention to the message with real humility.

If I can find this post when I have the time I will BN put a link to it on my signature. I could have written every word myself. It is exactly about me and where I am. Thanks NewAction.

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Re: From tragedy to redemption
Posted by serenity - 13 Aug 2015 03:50

Hashiva, What a wonderful post. Thank you for sharing that experience with us.

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Re: From tragedy to redemption
Posted by serenity - 13 Aug 2015 04:12

Here is the article, for anyone who wants read it. guardyoureyes.com/articles/12-step/item/sick-of-the-nuclear-reset-button?category_id=31

Perhaps the reason Dov directed you to that article because it discusses the role we have religion play in out acting out. I would explain what I mean, but I'm afraid I won't do it well

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Re: From tragedy to redemption
Posted by Hashivalisesonyishecho - 13 Aug 2015 04:58

[serenity wrote:](#)

Hashiva, What a wonderful post. Thank you for sharing that experience with us.

because I'm not really sure myself

This is the first time in history when plagiarism was committed by one person on someone else's behalf without him requesting it and without him even knowing. I graciously accept your compliment of which I am am completely unworthy.

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Read the article carefully and see if you can explain what I mean any better than I can

Re: From tragedy to redemption
Posted by newaction - 13 Aug 2015 05:54

[serenity wrote:](#)

Hashiva, What a wonderful post. Thank you for sharing that experience with us.

Just for the record the post about Dov i wrote to Hashivali. Is there a reply from Hashiva that serenity is talking about ? Please enlighten me.Thanks.

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Re: From tragedy to redemption
Posted by cordnoy - 13 Aug 2015 12:39

[newaction wrote:](#)

[serenity wrote:](#)

Hashiva, What a wonderful post. Thank you for sharing that experience with us.

Just for the record the post about Dov i wrote to Hashivali. Is there a reply from Hashiva that serenity is talking about ? Please enlighten me.Thanks.

Hashiva is the catalyst and the impetus for all the superb posts on this thread....he deserves all the credit and thanks.

Thank you hashiva.

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Re: From tragedy to redemption
Posted by jack - 13 Aug 2015 12:46

newaction wrote:

It was rebelling because of my parents,my friends,my wife , my lot in life , my money (or lack of it),my health , my kids , my in-laws, the IRS in short yes it was REBELLING AGAINST HASHEM ; plain and honest.

And about what you are delving now (i am not so sure), in a very generalist definition, religion(mitzvos) we do with our body , spirituality with our mind (or ?????? ??????).

well then in your case i wouldn't have said what i said.now i didnt do a scientific survey, but i would venture to say that in the GOOD majority of cases, addictions dont start because of rebellion.the age of ben sorer umoreh is when most addictions start - because of peer pressure, or depression, as in my case.the vices of the world take away the pain, if only temporarily.by then we are addicted.from reading the stories here, some people didnt even know what they were doing.and when they found out, it was too late.happens a lot.so you're different.

jack

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Re: From tragedy to redemption
Posted by shlomo613 - 13 Aug 2015 13:31

Like NewAction, in my case a large part of what started the addiction was rebellion. I believe the white book says that as well.

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Re: From tragedy to redemption
Posted by jack - 13 Aug 2015 15:37

addiction due to rebellion?

i must say that in my 7 years here i have never heard that.you have opened my eyes.sounds to

me like a whole different ballgame.

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