

From tragedy to redemption

Posted by Hashivalisesonyishecho - 08 Jan 2015 10:00

I am a middle aged person, highly talented, but leider unaccomplished. I seem to have some strengths but not the strength and the resolve to do what it takes to use my talents to be what I can be. I have had lot's of tzaros in my life which have gotten the better of me and eventually removed me from my learning and my general Ruchnius success. I was not omed benisoyon. I am ashamed of myself. On the outside I still seem like a basically Choshever person but nobody knows what I really am. When I was a Bochur and a young yungerman, everybody was sure I would turn out to be one of the Gedolim. That hasn't happened(yet). I would never tell anyone of my worst failings, but this failing of me not succeeding to fulfill my potential is known. I guess people may have long ago forgotten what was supposed to become of me but looking at me now they see nothing but an empty wasted soul. I haven't forgotten the original plan and somewhere deep down I still hope Hashem will give me back my neshama. My Boosha is maybe a good thing in a way because it keeps things from getting more out of hand. But it makes it impossible for me to get the support and encouragement that might help me do what I should. Maybe I could get the support here. I am middle aged but my mind knows that it isn't too late. I need my heart to know it too.

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Re: From tragedy to redemption

Posted by Hashivalisesonyishecho - 28 Apr 2015 16:08

RID? What's that?

I am not in this cycle(I don't think I am). I am not on a spree. I b'h cut it short. I am not saying never again because I don't really know that that is true - after all I hoped it wouldn't happen this time but it did.

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Re: From tragedy to redemption

Posted by yiraishamaim - 28 Apr 2015 16:13

Hashiva

Remember how many continuous days of sobriety you had before that first fall(questionable one)

If that can be accomplished - then you can surely pick yourself up and start achieving.

You know that on an intellectual level I am certain.

Emotionally however, you may still be struggling.

I am a big believer when that happens that a little emotional pick me up can swing you back into the positive, hopeful groove.

Perhaps a long walk on a beautiful day and view the beauty of nature. Music - visit a close friend that will give you face to face communication and hopefully some humor.

Everyone is different - with me this helps big time.

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Re: From tragedy to redemption

Posted by newaction - 28 Apr 2015 16:29

[Hashivalisesonyishecho wrote:](#)

RID? What's that?

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RID- Restless,Irritability, Discontent.

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Re: From tragedy to redemption

Posted by Hashivalisesonyishecho - 28 Apr 2015 16:36

I certainly have RID, and I wish I could find a way to get rid of it.

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Re: From tragedy to redemption

Posted by newaction - 28 Apr 2015 16:45

[Hashivalisesonyishecho wrote:](#)

I certainly have RID, and I wish I could find a way to get rid of it.

Mazel Tov ! This is what the 12 step program is all about. Work on these feelings. Lust will lose its power on you.

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Re: From tragedy to redemption

Posted by newaction - 28 Apr 2015 17:04

[Hashivalisesonyishecho wrote:](#)

I am not in this cycle(I don't think I am). I am not on a spree. I b'h cut it short. I am not saying never again because I don't really know that that is true - after all I hoped it wouldn't happen this time but it did.

Please think over this statement.

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Re: From tragedy to redemption

Posted by Hashivalisesonyishecho - 28 Apr 2015 17:08

[newaction wrote:](#)

[Hashivalisesonyishecho wrote:](#)

I am not in this cycle(I don't think I am). I am not on a spree. I b'h cut it short. I am not saying never again because I don't really know that that is true - after all I hoped it wouldn't happen this time but it did.

Please think over this statement.

what do you mean?

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Re: From tragedy to redemption

Posted by serenity - 28 Apr 2015 17:25

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Re: From tragedy to redemption

Posted by newaction - 28 Apr 2015 17:43

Cycle - We addicts all are in this cycle . This is how we keep on falling all the time.

Spree - doesnt have to be every day three times a day to call it a spree. Even once could be .
Certainly more than once.

Cut it short - Ok good for you . When did you cut it short ? today ? last week ?

Hope- Of course you cant say never again . Nobody can say that. But "hoping" has to be based
on something substantial.A plan.an awareness of RID before the lusting starts.

I am sorry to write in a blunt way. All of the above deserve a long answer.

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Re: From tragedy to redemption

Posted by newaction - 28 Apr 2015 17:45

[serenity wrote:](#)

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Let us ask serenity what does he means ?

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Re: From tragedy to redemption

Posted by newaction - 06 May 2015 16:01

Hey Hashivali seson yishecho did you know that Lag Baomer always falls on the same day of the week of the previous Purim. which in turn always falls on 4th day of Succos which is Moshe Rabenu's. Purim is like Yom Kippur. It is a day of atonement. That is tonight and tomorrow Lag Baomer. I am demanding in Honor of Rabi Shimon Bar Yochai that you bring yourself back to the forum and let us know what is going on . King David also "fell" and what did he do , he wrote a mizmor tehilim after that. There is no point to hide or just plain disappear. You came here in the bad times. Nothing could be worst than before you met GYE . So now you have the eyes to see ????? ?? ?????? ?? . All the time before GYE you were in a situation but were not aware of it . Now you know more what is going on ... sooo ???

Hashivali do not leave the olam when both could benefit. Hatzlacha

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Re: From tragedy to redemption

Posted by yiraishamaim - 06 May 2015 16:07

I also feel his absence.

I believe his "fall" as he described it was not a true fall. I wonder if his judgement of being machmir on himself and calling it a fall did not in of itself trigger a downward spiral or feelings of inadequacy.

Whatever the reason, I pray for his success and hasty return to the forum.

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Re: From tragedy to redemption
Posted by serenity - 06 May 2015 16:31

I wouldn't think over this statement:

"I am not in this cycle(I don't think I am). I am not on a spree. I b'h cut it short. I am not saying never again because I don't really know that that is true - after all I hoped it wouldn't happen this time but it did."

. I'm on Dov's call right now, as it so happens. Hashiva, You may want to come on for the new cycle that recently started.

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Re: From tragedy to redemption
Posted by Hashivalisesonyishecho - 07 May 2015 00:35

Me'olam lo avarti al divrei chaverai. (Especially since the honor of Rashb'i was brought in to the equation) So I'm back - I think. (These days there's very little that I know for certain.)

I feel like garbage but I'll bl'n try to pick myself up.

Thanks Chaverim.
I'd leave that to Dov

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