

From tragedy to redemption

Posted by Hashivalisesonyishecho - 08 Jan 2015 10:00

I am a middle aged person, highly talented, but leider unaccomplished. I seem to have some strengths but not the strength and the resolve to do what it takes to use my talents to be what I can be. I have had lot's of tzaros in my life which have gotten the better of me and eventually removed me from my learning and my general Ruchnius success. I was not omed benisoyon. I am ashamed of myself. On the outside I still seem like a basically Choshever person but nobody knows what I really am. When I was a Bochur and a young yungerman, everybody was sure I would turn out to be one of the Gedolim. That hasn't happened(yet). I would never tell anyone of my worst failings, but this failing of me not succeeding to fulfill my potential is known. I guess people may have long ago forgotten what was supposed to become of me but looking at me now they see nothing but an empty wasted soul. I haven't forgotten the original plan and somewhere deep down I still hope Hashem will give me back my neshama. My Boosha is maybe a good thing in a way because it keeps things from getting more out of hand. But it makes it impossible for me to get the support and encouragement that might help me do what I should. Maybe I could get the support here. I am middle aged but my mind knows that it isn't too late. I need my heart to know it too.

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Re: A tragedy of the human condition

Posted by Hashivalisesonyishecho - 13 Feb 2015 16:00

I found it so I'm posting here for everyone.

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Re: A tragedy of the human condition
Posted by yiraishamaim - 13 Feb 2015 18:45

It is clear that we have all fallen. We all have plenty of personal difficulties and challenges that pull our spirits downward.

It is also obvious that we are sincerely working on ourselves to improve. At the same time we give each other chizuk.

My friends wake up and smell the coffee. We live in a selfish world that is filled with immediate exposure to filth. To do what we are doing is not to be under-valued.

IT IS AWESOME! **Hashem** cherishes a broken heart and simply loves achdus. We are already getting SIATA D'SHEMAYA. If we stay the course more and more miracles will come our way.

I am so thankful to Hashem to call you all my buddies. I respect and love you more than you can imagine. Keep the faith! The yeshuah is already here and picking up speed . A gut shabbos to all.

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Re: A tragedy of the human condition
Posted by Hashivalisesonyishecho - 13 Feb 2015 19:14

[yiraishamaim wrote:](#)

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What a wonderful post. Thank you. Gut Shabbos.

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Re: A tragedy of the human condition

Posted by long breaths long days - 13 Feb 2015 21:00

Thank you ineedchizuk for pointing to that wonderful passage, and thank you hashivalisesonyishecho for finding and sharing it. It's important to remember the good we've gotten to do...And we're works in progress, so what it's not perfect, or even if it's mostly bad, there's some good in there to be happy about. "ha-kol sar yachdav ne'elachu, ein 'oseh tov" do we really want to believe this? THAT LITTLE UGLY BIT is more than enough reason to be and that's what really matters.

(that a good summary? My hebrew's sketchy)

Good Shabbos

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Re: A tragedy of the human condition

Posted by dd - 14 Feb 2015 20:31

Hi Hashiva!!!

I've been following your thread from the beginning and let me tell you your doing amazing!!!

My heart really goes out for you hearing the "???" you went through and how down you feel about things.

But just read through the thread and see for yourself how much you shtieged since you started here not so long ago.

Thank you for posting the "?????" "?????" for the guys (thanks ineedchizuk for mentioning it). I just wanted to add one more point on this matter even though there is tons to add i'll stick with one point. I actually just told it to a fellow gye member erev Shabbos.

The tzaddik R' Aharon Ha'Godal of Karlin zy"a once met a friend of his from when they had been children. The friend ask the Tzaddik why did you grow so big and I stayed so simple. When we were younger you and I were very similar. So the Tzaddik answered him the difference is that you always focused on how much more you should be doing and what your not accomplishing. I on the other hand was always focusing on what I am accomplishing and the levels I did achieve. So that's why I grew so much. But you stayed very simple because you didn't have the sense to appreciate what you did do.

Kol tuv and KUTGW and KOMT!!!!

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Re: A tragedy of the human condition

Posted by Hashivalisesonyishecho - 15 Feb 2015 15:07

I have been in isolation all my life until I recently began using this forum. I've had a couple of sessions with therapists here and there, but I didn't exactly connect and I also kept my darkest secrets to myself, whereas here I am more open and since there are many who use the forum

and particularly such people who are working on similar things as I am I seem to be connecting. Sometimes I don't have a particular purpose in mentioning certain things but I'm just freely expressing myself. I am in my forties and have learned a lot and had lots of experience and have heard many times and often even preached about seeing one's own strengths and nobody except my wife knows how hard I am on myself because I don't tell anyone besides for her. I have a smile for everyone even though I'm in pain. But do you really think I could totally act like someone who isn't hard on himself if that's the way I truly am? It's not possible because even if I think I can imitate I wouldn't really know the behaviors of such a person. To get to the point I have certainly been hard on others too. I always knew that I don't complement my wife and kids enough so I try to deliberately do so when I remember but it doesn't come naturally. This certainly doesn't create a healthy atmosphere in my home conducive to growth and success. But now an interesting thing is happening. As I am being told again and again by my dearest most beloved friends here that I need to see the good in myself and not live in guilt and self hate, it seems to be sinking in. I don't see it yet in the way I feel about myself and I hope and think it will come with time but I find myself complementing my wife and kids and actually loving them more. Sometimes I wonder why you all care so much and offer unconditional love and support. I don't feel worthy. But in any case the least I can do is to thank you all for this and say that I am truly touched by it and inspired. I should mention you all by name(pseudonym) but out of fear of forgetting someone I just say it in general. I read every comment that was posted here from the beginning and took it all in. Some were commenting more in the beginning and some now and some all along. I thank and appreciate all.

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Re: A tragedy of the human condition
Posted by cordnoy - 15 Feb 2015 17:29

And we appreciate you as well.

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Re: A tragedy of the human condition
Posted by newaction - 15 Feb 2015 17:56

My friend Hashiva I have problems to find time for the forums .So sometimes i am out of order.But everybody here is with you and we are all holding your hand. You have read all the posts , they are all true . Remember what Manoach's wife (the parents of Shimshon) answered her husband when he said that they both are going to die because they saw G.od with their own eyes (Shoftim), she said that if G.od wanted to kill them He would not have showed them till here and wouldnt have done the miracle (of the korban olah going straight up to heaven). It just doesnt make sense. In our case also if Hashem would not be interested in us He would not have created this site called GYE and would not have brought us all the way to this day. There

should not be a doubt in your head that Hashem is not counting the days for you to throw all of yourself to His care. KEEP UP TH GOOD WORK !!!

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Re: A tragedy of the human condition
Posted by yiraishamaim - 16 Feb 2015 15:26

Hashiva - truthfully we are your the ones that really understand your plight. Each of us has his own story but we overlap on the basic issues and challenges. Keep listening and KOT. No matter how low you feel you have fallen, know that there are others who have done worse and have significant time of recovery behind them.

Also - don't look at the mountain that seems to be ahead of you. Just move forward- cautiously yet with confidence that Hashem is helping.

WE ARE ALL HERE TO HELP YOU.

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Re: A tragedy of the human condition
Posted by gibbor120 - 16 Feb 2015 17:34

Hi Hashiva...

Did you ever check out the Dr Sorotzkin link in my signature? Do you consider yourself a perfectionist?

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Re: A tragedy of the human condition
Posted by Hashivalisesonyishecho - 16 Feb 2015 17:40

I just clicked it. It is an entire website with lots of stuff. What do you recommend from there? I don't think of myself as a perfectionist but maybe I am although I don't think so.

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Re: A tragedy of the human condition
Posted by gibbor120 - 16 Feb 2015 17:46

There is some great stuff on perfectionism, see if it fits.

There is also a great article on the psychological factors of acting out. Both great reads in my opinion.

There's tons of great stuff there. See if anything speaks to you.

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Re: A tragedy of the human condition
Posted by Hashivalisesonyishecho - 17 Feb 2015 17:09

I have been doing well b'h in the area of shmiras ainayim lately and I am very thankful for that. Later today I expect to have a situation where I will be in the company of a crowd including women and I would like to keep from lusting. I find that planning to report here is a good plan for me so that's the plan. I'm still waiting for my desire of even willingness to learn to come back because as of now it's a major struggle to sit and learn for any amount of time.

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Re: A tragedy of the human condition
Posted by Gevura Shebyesod - 17 Feb 2015 17:33

Sounds like a plan, just keep busy with what you need to be doing there and let us know how it went.

As for the learning... I heard a story about a famous Adam Gadol who was known for his

exceptional Hasmada. A bochur once came over to him to complain that he doesn't have any Cheshek in his learning and it's so hard. The Gadol said "I am learning for 70 years already without Cheshek"!!

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