

From tragedy to redemption

Posted by Hashivalisesonyishecho - 08 Jan 2015 10:00

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I am a middle aged person, highly talented, but leider unaccomplished. I seem to have some strengths but not the strength and the resolve to do what it takes to use my talents to be what I can be. I have had lot's of tzaros in my life which have gotten the better of me and eventually removed me from my learning and my general Ruchnius success. I was not omed benisoyon. I am ashamed of myself. On the outside I still seem like a basically Choshever person but nobody knows what I really am. When I was a Bochor and a young yungerman, everybody was sure I would turn out to be one of the Gedolim. That hasn't happened(yet). I would never tell anyone of my worst failings, but this failing of me not succeeding to fulfill my potential is known. I guess people may have long ago forgotten what was supposed to become of me but looking at me now they see nothing but an empty wasted soul. I haven't forgotten the original plan and somewhere deep down I still hope Hashem will give me back my neshama. My Boosha is maybe a good thing in a way because it keeps things from getting more out of hand. But it makes it impossible for me to get the support and encouragement that might help me do what I should. Maybe I could get the support here. I am middle aged but my mind knows that it isn't too late. I need my heart to know it too.

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Re: From tragedy to redemption

Posted by newaction - 10 Aug 2015 19:50

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Thank you Hashiva very sweet from you. I get a lot of chizuk from you , very much appreciated.

Going back to our Inyan and whether it is relevant to you specifically , Dov's words deserve a lot of our ????? . Meaning there is a lot of what goes inside the addicts mind in them; especially the addicts from the frum and yeshivish community. It is worth noticing that honesty is one of the giants of recovery; meaning not withholding any secrets and being able to talk freely to another human being of all my defects, etc.

Honesty also means meet the person who is you. I am sure you are on that path , just pointing out that Dov's post cuts straight threw flesh and soul. And when i am honest with myself i can not disagree with him .

Keep On Trucking Holy Brother , a day at a time.!

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Re: From tragedy to redemption

Posted by Hashivalisesonyishecho - 11 Aug 2015 01:12

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[newaction wrote:](#)

just pointing out that Dov's post cuts straight threw flesh and soul. And when i am honest with myself i can not disagree with him .

Keep On Trucking Holy Brother , a day at a time.!

Then for the sake of perfect honesty you need to face the fact that you aren't following him exactly as he says it. You don't go to meetings. But I think that you are wise to realise that you can take his message and learn from it and follow it in the way which is appropriate for you and which works for you. You do have people with whom you are completely honest and that is in following with what Dov is saying. I was also motivated to this by Dov and for that I am grateful to him. I see now that you and others here are saying basically what I have been meaning to say in the this discussion, that a very important part of the 12 step program is the fact that you are honest with others and you are working through the issues with others in a context of honesty.[jack wrote:](#)

of course, you need the group support - we can't do it alone.in fact, in my humble opinion, the group support is THE most important aspect of the 12 step meetings.other people that share your struggles, all there trying to recover.it's absolutely amazing! r' twersky writes about the CEO of a major corporation sitting next to a bowery alcoholic in an AA meeting.outside, they are worlds apart.but in that meeting, they are on the same level, trying to recover from alcoholism.can you beat that? the love that one feels when they go to these meetings is really beautiful.it's like a holocaust survivors club - they know each other's pain in a way that no-one else does, and so they are united.or ANY group support meeting - the idea is the same.one cant do recovery alone.

jack

But the most important thing for everyone is to make sure that what you are doing is working. If it isn't then search and don't stop searching until you find what works for you. There is certainly a way which will work and there may be no Yiush whatsoever.

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Re: From tragedy to redemption

Posted by Hashivalisesonyishecho - 11 Aug 2015 02:45

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[newaction wrote:](#)

My name is .....

"ehh excuse me where is the exit please"

And I too reveal my name: ?????? ???

**Warning: Spoiler!**

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Re: From tragedy to redemption  
Posted by serenity - 11 Aug 2015 03:12

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Re: From tragedy to redemption  
Posted by Gevura Shebyesod - 11 Aug 2015 03:21

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**Warning: Spoiler!**

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Re: From tragedy to redemption  
Posted by peloni almoni - 11 Aug 2015 03:23

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[Gevura Shebyesod wrote:](#)

**Warning: Spoiler!**

yes, and the hebrew for doe is ??? or ???

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Re: From tragedy to redemption  
Posted by Hashivalisesonyishecho - 11 Aug 2015 03:34

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[peloni almoni wrote:](#)

[Gevura Shebyesod wrote:](#)

**Warning: Spoiler!**

yes, and the hebrew for doe is ??? or ???

**Warning: Spoiler!**

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Re: From tragedy to redemption  
Posted by Gevura Shebyesod - 11 Aug 2015 03:52

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D'Oh!

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Re: From tragedy to redemption  
Posted by Hashivalisesonyishecho - 11 Aug 2015 03:59

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[Gevura Shebyesod wrote:](#)

D'Oh!

I don't take Doh for an answer.

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Re: From tragedy to redemption  
Posted by Gevura Shebyesod - 11 Aug 2015 04:02

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Just chill and have a D'Ohnut

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Re: From tragedy to redemption  
Posted by Hashivalisesonyishecho - 11 Aug 2015 04:11

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[Gevura Shebyesod wrote:](#)

Just chill and have a D'Ohnut

I doe no. I D'Ohnut want one.

**Warning: Spoiler!**

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Re: From tragedy to redemption  
Posted by newaction - 11 Aug 2015 08:13

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Whether Doe or Dough or named after Mr Dow (like in the Dow Jones).

On ????? there is no machlokes.

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??? ??? !

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Re: From tragedy to redemption  
Posted by jack - 11 Aug 2015 13:37

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which leg of a 3-legged stool is the most important?

- 1 - being honest
- 2 - humility/surrendering to a Higher Power
- 3 - group support

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Re: From tragedy to redemption  
Posted by cordnoy - 11 Aug 2015 13:57

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[jack wrote:](#)

which leg of a 3-legged stool is the most important?

- 1 - being honest
- 2 - humility/surrendering to a Higher Power
- 3 - group support

You only have time for one?

Why settle for three legs?

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Re: From tragedy to redemption  
Posted by Hashivalisesonyishecho - 11 Aug 2015 14:12

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[jack wrote:](#)

which leg of a 3-legged stool is the most important?

- 1 - being honest
- 2 - humility/surrendering to a Higher Power
- 3 - group support

That's a great way of referring to it - a 3-legged stool. So you answered your own question. The 3-legged stool is completely dependant on each of the legs. If any of the legs is missing the stool won't stand. But each leg has a different function one holds from the right one from the left and one adjacent to the center(of the other 2). so...

- 1 - Being honest is the necessary mindset to facilitate the other 2 legs.
- 2 - Humility and surrender which includes kabolat ol malchus shomayim & ol Torah umuitzvos(the will of the higher power) is the actual job that you are doing.
- 3 - group support(or at least some other person/people) is the tool with which to work (leg 2) and to keep honest (leg 1)

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